

FIRST START: 4:00 PM (Paddlers meeting at 3:30)

Singles are in C1's OR mini type K1s - **NO** Full size K1's – no exceptions if a paddler shows in in a Nelo Cinco, their time will not be recorded

As a paddler leaves the dock, ensure they have THEIR number on the boat. If they are in both C1, AND K1, they should have a different number for each. Numbers will be provide. If a number gets lost, just make sure the paddler knows what it is. I will ask at the start/finish line! – (Make this the second option, not the first just because you don't feel like putting numbers on boats...)

Please do not flood the start line with boats. Just because you have 10, 20, 30 Lightnings does not mean it makes sense to send them all out at exactly 4:00! If we are confused and frustrated, chances are the kids will be too!

In the singles events, Paddlers can start ANYTIME within the 90 minutes between 4:00 and 5:30. Starts are not boys, girls, kayaks, or canoes, they are simply started when the paddlers are ready to go and may or may not be with other paddlers of the same class. Paddlers are free to organize races against their friends, or go on their own if they choose

When 1 or more paddlers are at the line to start, they will be sent off, and their start time recorded. They will proceed to the 200m line or predetermined marker, and back to the finish for a distance of around 400m. Crew boats are a straight 500m course.

In singles, paddlers may go more than once if they like, provided they do not interfere others getting a chance! A couple of hard efforts is better option than keeping the boat away from someone else who wants to try.

Singles Starts will end at 5:30 SHARP, or earlier if there are no more starters coming to the line.

Crew boat races will start at 5:40 or earlier, at the 200m startline (not the same startline of the singles). Just get the kids out there! As long as they have THEIR boat number, and the crew is recorded with the staff, they will get a time and a result. Who they race against is not important – as long as they get to the start they will get a time. C4s are to have coxswain UNLESS they have very strong boat skills. Coxing a C4 is considerably faster than drifting down the lake sideways trying to figure out what to do!

That's it! It's really not complicated once we get going!

Results will be posted on the ADCKC.CA website after the regatta (usually by the next morning)s!

Turn left around the turn marker(s)

200m Turn

Finish on the other side (Red Flag Side) of the motorboat

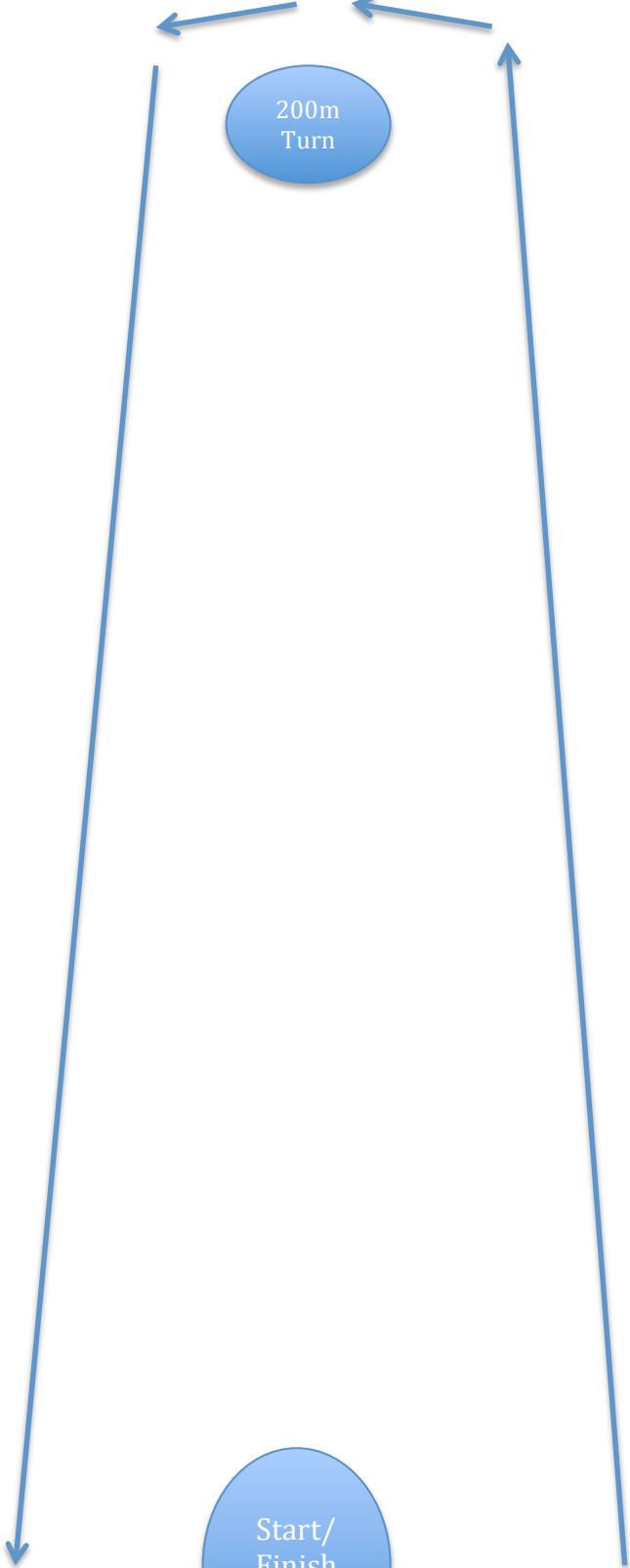
Start to the right (Green Flag Side) of the motorboat



Finish Area

Start/
Finish
Boat

Start Area



Men U11 K1

| Boat Number | Name | Club | Start Time | Finish Time | Actual |
|-------------|--------------------|------|------------|-------------|--------|
| 1 | Xavier Jackson | BA | | | |
| 62 | Bo Lowrey | OR | | | |
| 63 | Joseph cullen | OR | | | |
| 64 | Conner Oâ€™connell | OR | | | |
| 65 | Luke Oâ€™Connell | OR | | | |
| 66 | Finn St-Hilaire | OR | | | |
| 67 | Logan MacDonald | OR | | | |
| 110 | Ben Robichaud | SE | | | |
| 111 | Charlie Woodford | SE | | | |
| 112 | Neil Rissesco | SE | | | |
| 113 | Luc Valcourt | SE | | | |

U11 Singles - Orenda - 2018

Men U10 K1

| Boat Number | Name | Club | Start Time | Finish Time | Actual |
|-------------|---------------------|------|------------|-------------|--------|
| 2 | Phillip Townsend | BA | | | |
| 3 | Jack Lafferty | BA | | | |
| 4 | Cohen Lindensmith | BA | | | |
| 68 | Ryland Firth | OR | | | |
| 69 | Aiden Peddle | OR | | | |
| 70 | Aiden Lovell | OR | | | |
| 71 | Sebastian Landry | OR | | | |
| 72 | Luca Jean Noel | OR | | | |
| 114 | Matthew Ferguson | SE | | | |
| 115 | Sander | SE | | | |
| 116 | Jonathan Huntington | SE | | | |
| 117 | Madoc Tobin | SE | | | |
| 118 | Lucas MacLean | SE | | | |
| 119 | Wil Rutte | SE | | | |

U11 Singles - Orenda - 2018

Men U9 K1

| Boat Number | Name | Club | Start Time | Finish Time | Actual |
|-------------|-------------------|------|------------|-------------|--------|
| 5 | Corwinn Marshall | BA | | | |
| 6 | Emile Gunn | BA | | | |
| 7 | Bryce Hoddinot | BA | | | |
| 8 | Brendan Smith | BA | | | |
| 9 | Sydney Watt | BA | | | |
| 10 | Oliver Lynk | BA | | | |
| 11 | Alex Bouvette | BA | | | |
| 12 | Jack Thompson | BA | | | |
| 13 | Adam Jarret | BA | | | |
| 73 | Caleb Baker | OR | | | |
| 74 | Chayce Roma | OR | | | |
| 75 | Jackson Delorey | OR | | | |
| 76 | Jack miller | OR | | | |
| 120 | Russell Waters | SE | | | |
| 121 | Jack Curran | SE | | | |
| 122 | Vander Tobin | SE | | | |
| 123 | Luca Bortdi | SE | | | |
| 124 | Berkley MacLean | SE | | | |
| 125 | Zachary Rainault | SE | | | |
| 126 | Marshall Woodford | SE | | | |
| 127 | Quinn Gibson | SE | | | |
| 128 | Samuel Trevorrow | SE | | | |
| 129 | Beckett Huber | SE | | | |

U11 Singles - Orenda - 2018

Women U11 K1

| Boat Number | Name | Club | Start Time | Finish Time | Actual |
|-------------|------------------|------|------------|-------------|--------|
| 18 | Anna Boychuk | BA | | | |
| 19 | Lila MacAskill | BA | | | |
| 20 | Molly Mccarthy | BA | | | |
| 21 | Josie Ryan | BA | | | |
| 22 | Mackenzie Schaus | BA | | | |
| 23 | Zoe Townsend | BA | | | |
| 78 | Teagan Frizzell | OR | | | |
| 79 | Bailey Duplessis | OR | | | |
| 80 | Willow Hatheway | OR | | | |
| 81 | Julia Vanbommel | OR | | | |
| 137 | Erika Welsh | SE | | | |
| 138 | Carina Bortdi | SE | | | |
| 139 | Chloe McFarlane | SE | | | |
| 140 | Vivianne MacLean | SE | | | |
| 141 | Maeve Huber | SE | | | |
| 142 | Athena Woodford | SE | | | |

U11 Singles - Orenda - 2018

Women U10 K1

| Boat Number | Name | Club | Start Time | Finish Time | Actual |
|-------------|---------------------|------|------------|-------------|--------|
| 82 | Hannah Lewis | OR | | | |
| 83 | Lily MacLean | OR | | | |
| 84 | Chloe Dwinell | OR | | | |
| 85 | Ava Bellefontaine | OR | | | |
| 86 | Callie Baker | OR | | | |
| 87 | Olivia Murphy | OR | | | |
| 88 | Cheyenne Roma | OR | | | |
| 89 | Myra St-hillaire | OR | | | |
| 143 | Georgia Mouat | SE | | | |
| 144 | Paige Doody | SE | | | |
| 145 | Riley Boyd | SE | | | |
| 146 | Moira Malek | SE | | | |
| 147 | Rachel Lattemouille | SE | | | |

U11 Singles - Orenda - 2018

Women U9 K1

| Boat Number | Name | Club | Start Time | Finish Time | Actual |
|-------------|-------------------|------|------------|-------------|--------|
| 24 | Audrey Joseph | BA | | | |
| 25 | Ava Cacao Ewing | BA | | | |
| 26 | Alice Gunn | BA | | | |
| 27 | Leiden Marshall | BA | | | |
| 28 | Grace Theunissen | BA | | | |
| 29 | Mia Lafferty | BA | | | |
| 30 | Maddie Mccarthy | BA | | | |
| 31 | Lylah Van Meer | BA | | | |
| 32 | Charlotte Taylor | BA | | | |
| 33 | Jordan Scarola | BA | | | |
| 34 | Willow Schandall | BA | | | |
| 35 | Lyla Boychuk | BA | | | |
| 36 | Mya Maccormic | BA | | | |
| 37 | Stella Oxner | BA | | | |
| 38 | Sadie Walter | BA | | | |
| 39 | Isla Hoddinot | BA | | | |
| 90 | Marley MacLean | OR | | | |
| 91 | Phoebe Murphy | OR | | | |
| 92 | Audrey Cuthbert | OR | | | |
| 148 | Meaghan Ferguson | SE | | | |
| 149 | Emily Doody | SE | | | |
| 150 | Emily Harding | SE | | | |
| 151 | Bella Fraser | SE | | | |
| 152 | Cassidy McFarlane | SE | | | |
| 153 | Maren Huber | SE | | | |

U11 Singles - Orenda - 2018

Men U11 C1

| Boat Number | Name | Club | Start Time | Finish Time | Actual |
|--------------------|-----------------|-------------|-------------------|--------------------|---------------|
| 14 | Jack Theunissen | BA | | | |
| 130 | Neil Rissesco | SE | | | |

U11 Singles - Orenda - 2018

Men U10 C1

| Boat Number | Name | Club | Start Time | Finish Time | Actual |
|-------------|--------------|------|------------|-------------|--------|
| 77 | Ryland Firth | OR | | | |
| 131 | Eli Cowper | SE | | | |

U11 Singles - Orenda - 2018

Men U9 C1

| Boat Number | Name | Club | Start Time | Finish Time | Actual |
|--------------------|--------------------|-------------|-------------------|--------------------|---------------|
| 15 | Theo Junid-Mcneill | BA | | | |
| 16 | Corwinn Marshall | BA | | | |
| 17 | Adam Jarret | BA | | | |
| 132 | Luca Bortdi | SE | | | |
| 133 | Quinn Gibson | SE | | | |
| 134 | Jack Curran | SE | | | |
| 135 | Berkley MacLean | SE | | | |
| 136 | Russell Waters | SE | | | |

U11 Singles - Orenda - 2018

Women U11 C1

| Boat Number | Name | Club | Start Time | Finish Time | Actual |
|--------------------|------------------|-------------|-------------------|--------------------|---------------|
| 40 | Julia Snelgrove | BA | | | |
| 41 | Molly Mccarthy | BA | | | |
| 154 | Vivianne MacLean | SE | | | |

U11 Singles - Orenda - 2018

Women U10 C1

| Boat Number | Name | Club | Start Time | Finish Time | Actual |
|--------------------|---------------------|-------------|-------------------|--------------------|---------------|
| 93 | Myra St-hillaire | OR | | | |
| 94 | Lily MacLean | OR | | | |
| 95 | Olivia Murphy | OR | | | |
| 155 | Moira Malek | SE | | | |
| 156 | Georgia Mouat | SE | | | |
| 157 | Rachel Lattemouille | SE | | | |
| 158 | Riley Boyd | SE | | | |

U11 Singles - Orenda - 2018

Women U9 C1

| Boat Number | Name | Club | Start Time | Finish Time | Actual |
|--------------------|------------------|-------------|-------------------|--------------------|---------------|
| 42 | Ava Cacao Ewing | BA | | | |
| 43 | Grace Theunissen | BA | | | |
| 44 | Leiden Marshall | BA | | | |
| 96 | Phoebe Murphy | OR | | | |
| 97 | Audrey Cuthbert | OR | | | |
| 159 | Emily Harding | SE | | | |
| 160 | Meaghan Ferguson | SE | | | |

U11 Singles - Orenda - 2018

| 5:45 PM | Event #2 | U11 K4 - Men or Mixed | 200m | Heat #1 |
|---------|---|---|------|---------|
| Place | Lane | Name | Club | Time |
| | 55 | Josie Ryan/ Jack Theunissen/Jack Lafferty/Julia Snelgrove | BA | |
| | 58 | Adam Jarret/Willow Schandall/Mya Maccormic/Jordyn Scarola | BA | |
| | 105 | Chayce Roma/Luca Jean Noel/Jackson Delorey/Aiden Lovell | OR | |
| | 172 | Marshall Woodford/ Lucas MacLean/ Sander/ Beckett Huber | SE | |
| | 176 | Vander Tobin/ Madoc Tobin/ Jack Curran/ Quinn Gibson | SE | |
| | | | | |
| | | | | |
| 5:49 PM | Event #3 | U11 Women C4 | 200m | Heat #1 |
| Place | Lane | Name | Club | Time |
| | 60 | Audrey Joseph/Isla Hoddinot/Grace Theunissen/Mia Lafferty | | |
| | 108 | Olivia Murphy/Julia Vanbommel/Cheyenne Roma/Baily Duplessis | | |
| | 178 | Chloe McFarlane/ Moria Malek/ Vivianne MacLean/ Carina Bortdi | | |
| | | | | |
| | | | | |
| 5:53 PM | Event #4 | U11 K4 - Men or Mixed | 200m | Heat #2 |
| Place | Lane | Name | Club | Time |
| | 56 | Corwinn Marshall/Kaya Walsh/Bryce Hoddinot/Lylah Van Meer | BA | |
| | 59 | Oliver Lynn/Sydney Watt/Cohen Lindensmith/Curtis Snelgrove | BA | |
| | 106 | Caleb Baker/Finn St-Hilaire/Logan Macdonald/Sebastian Landry | OR | |
| | 173 | Ben Robichaud/ Neil Rissesco/ Charlie Woddford/ Luc Valcourt | SE | |
| | | | | |
| | | | | |
| 5:57 PM | Event #5 | U11 Women C4 | 200m | Heat #2 |
| Place | Lane | Name | Club | Time |
| | 61 | Lylah Van Meer/Molly Mccarthy/Leiden Marshall/Ava Cao Ewing | BA | |
| | 109 | Lily MacLean/Myra St-Hilaire/Phoebe Murphy/Audrey Cuthbert | OR | |
| | 179 | Rachel Lattemouille / Georgia Mouat/ Emily Harding/ Erika Welsh | SE | |
| | | | | |
| | | | | |
| 6:01 PM | Event #6 | U11 K4 - Men or Mixed | 200m | Heat #3 |
| Place | Lane | Name | Club | Time |
| | 57 | Alex Bouvette/ Brendan Smith/Xavier Jackson/Emile Gunn | BA | |
| | 104 | Ryland Firth/ Luke Oâ€™Connell/ Connor Oâ€™Connell/ Aiden Peddle | OR | |
| | 171 | Zachary Rainault/ Russell Waters/ Matthew Ferguson/ Luca Bortdi | SE | |
| | 174 | Samuel Trevorrow/ Berkley MacLean/ Jonathan Huntington/ Wil Rutte | SE | |
| | | | | |
| | | | | |
| 6:05 PM | Event #7 | U11 Women C4 | 200m | Heat #3 |
| Place | Lane | Name | Club | Time |
| | 107 | Willow Hatheway/Teagan Frizzell/Callie Baker/Marley MacLean | OR | |
| | 177 | Cassidy McFarlane/ Bella Fraser/ Emily Doody/ Jane Davidson | SE | |
| | 180 | Meaghan Ferguson/ Athena Woodford/ Riley Boyd/ Paige Doody | SE | |
| | This is just a guide. Races will be started whenever there are crews available - K4/C4-5 or any combination | | | |

to get a race. Coaches: If you want your K4/C5s to race against others of the same class, GET THEM OUT THERE!

| 6:09 PM | Event #8 | U11 Women K4 | 200m | Heat #1 |
|---|-----------|---|------|---------|
| Place | Lane | Name | Club | Time |
| | 45 | Molly Macarthy/ Mia Lafferty/Grace Theunissen/Lyla Boychuk | BA | |
| | 49 | Sadie Walter/Alice Gunn/Isla Hoddinot/Lila Makaskill | BA | |
| | 100 | Lily MacLean/Myra St-Hilaire/Phoebe Murphy/Audrey Cuthber | OR | |
| | 163 | Rachel Lattemouille/ Georgia Mouat/ Erika Welsh/ Emily Harding | SE | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| 6:13 PM | Event #9 | U11 C4(or 5) - Men or Mixed | 200m | Heat #1 |
| Place | Lane | Name | Club | Time |
| | 50 | Julia Snelgrove/ Mackenzie Schaus/ Theo Junid- Macneill/Alex Bouvette | BA | |
| | 53 | Maddie Mccarthy/Julia Snelgrove/Cohen Lindensmith/Jack Lafferty | BA | |
| | 102 | Ryland Firth/Conner Oâ€™Connell/Luke Oâ€™Connell/Aiden Peddle | OR | |
| | 167 | Madoc Tobin/ Vander Tobin/ Quinn Gibson/ Jack Curran | SE | |
| | 170 | Samuel Trevorrow/ Berkley Maclean/ Lucas MacLean/ Zachary Rainault | SE | |
| | | | | |
| | | | | |
| 6:17 PM | Event #10 | U11 Women K4 | 200m | Heat #2 |
| Place | Lane | Name | Club | Time |
| | 46 | Audrey Joseph/Charlotte Taylor/Ava Cao Ewing/Leiden Marshall | BA | |
| | 98 | Willow Hatheway/Teagan Frizzell/Callie Baker/Marley MacLean | OR | |
| | 161 | Maeve Huber/ Amelia Gull/ Meredith Gull/ Jane Davidson | SE | |
| | 164 | Meaghan Ferguson/ Athena Woodford/ Riley Boyd/ Paige Doody | SE | |
| | | | | |
| | | | | |
| | | | | |
| 6:21 PM | Event #11 | U11 C4(or 5) - Men or Mixed | 200m | Heat #2 |
| Place | Lane | Name | Club | Time |
| | 51 | Sadie Walter/Alice Gunn/Oliver Lynn/Curtis Snelgrove | BA | |
| | 54 | Emile Gunn/Xavier Jackson/Sydney Watt/Corwinn Marshall | BA | |
| | 103 | Sebastien Landry/Caleb Baker/Logan MacDonald/Finn St-Hilaire | OR | |
| | 168 | Jonathan Huntington/ Eli Cowper/ Wil Rutte/ Russell Waters | SE | |
| | | | | |
| | | | | |
| | | | | |
| 6:25 PM | Event #12 | U11 Women K4 | 200m | Heat #3 |
| Place | Lane | Name | Club | Time |
| | 47 | Anna Boychuk/Mackenzie Schaus/ Maddie Mccarthy/ Julia Snelgrove | BA | |
| | 99 | Olivia Murphy/Julia Vanbommel/Cheyenne Roma/Baily Duplessis | OR | |
| | 162 | Cassidy McFarlane/ Bella Fraser/ Emily Doody/ Maren Huber | SE | |
| | 165 | Chloe McFarlane/ Moria Malek/ Vivianne MacLean/ Carina Bortdi | SE | |
| | | | | |
| This is just a guide. Races will be started whenever there are crews available - K4/C4-5 or any combination | | | | |

to get a race. Coaches: If you want your K4/C5s to race against others of the same class, GET THEM OUT THERE!

| 6:29 PM | Event #13 | U11 C4(or 5) - Men or Mixed | | | 200m | Heat #3 |
|---------|-----------|--|--|------|------|---------|
| Place | Lane | Name | | Club | Time | |
| | 52 | Josie Ryan/Jack Theunissen/Anna Boychuk/Lila Makaskill | | | BA | |
| | 101 | Aiden Lovell/Chayce Roma/Luca Jean Noel/Jackson Delorey | | | OR | |
| | 166 | Luca Bortdi/ Matthew Ferguson/ Charlie Woodford/ Marshall Woodford | | | SE | |
| | 169 | Ben Robichaud/ Neil Rissesco/ Luc Valcourt/ Maeve Huber | | | SE | |
| | | | | | | |
| | | | | | | |
| 6:40 PM | Event #14 | U11 Club War Canoe | | | 200m | Heat #1 |
| Place | Lane | Name | | Club | Time | |
| | 1 | | | | | |
| | 2 | Jack MacGovern | | SE | | |
| | 3 | | | | | |
| | 4 | Craig Johnson | | SE | | |
| | 5 | | | | | |
| | 6 | Isaac Tait | | OR | | |
| | 7 | | | | | |
| | 8 | Thomas Cox | | BA | | |
| | 9 | | | | | |
| | | | | | | |
| 6:44 PM | Event #15 | U11 Club War Canoe | | | 200m | Heat #2 |
| Place | Lane | Name | | Club | Time | |
| | 1 | | | | | |
| | 2 | Luke Gallant | | SE | | |
| | 3 | | | | | |
| | 4 | Amy Munroe | | OR | | |
| | 5 | | | | | |
| | 6 | Cleo Armstrong | | BA | | |
| | 7 | | | | | |
| | 8 | Grace Cox | | BA | | |
| | 9 | | | | | |
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On War Canoes:

This is not the World War Canoe Championships. Your kids DO NOT need a 20 minute pep-talk before leaving the wharf. If you take too long (and more than a few minutes, is too long. We will be forced to start without your crew.

Be organized, be quick.

This is just a guide. Races will be started whenever there are crews available - K4/C4-5 or any combination
to get a race. Coaches: If you want your K4/C5s to race against others of the same class, GET THEM
OUT THERE!