

FIRST START: 4:00 PM (Paddlers meeting at 3:30)

Singles are in C1's OR mini type K1s - **NO** Full size K1's – no exceptions if a paddler shows in in a Nelo Cinco, their time will not be recorded

As a paddler leaves the dock, ensure they have THEIR number on the boat. If they are in both C1, AND K1, they should have a different number for each. Numbers will be provide. If a number gets lost, just make sure the paddler knows what it is. I will ask at the start/finish line! – (Make this the second option, not the first just because you don't feel like putting numbers on boats...)

Please do not flood the start line with boats. Just because you have 10, 20, 30 Lightnings does not mean it makes sense to send them all out at exactly 4:00! If we are confused and frustrated, chances are the kids will be too!

In the singles events, Paddlers can start ANYTIME within the 90 minutes between 4:00 and 5:30. Starts are not boys, girls, kayaks, or canoes, they are simply started when the paddlers are ready to go and may or may not be with other paddlers of the same class. Paddlers are free to organize races against their friends, or go on their own if they choose

When 1 or more paddlers are at the line to start, they will be sent off, and their start time recorded. They will proceed to the 200m line or predetermined marker, and back to the finish for a distance of around 400m. Crew boats are a straight 500m course.

In singles, paddlers may go more than once if they like, provided they do not interfere others getting a chance! A couple of hard efforts is better option than keeping the boat away from someone else who wants to try.

Singles Starts will end at 5:30 SHARP, or earlier if there are no more starters coming to the line.

Crew boat races will start at 5:40 or earlier, at the 200m startline (not the same startline of the singles). Just get the kids out there! As long as they have THEIR boat number, and the crew is recorded with the staff, they will get a time and a result. Who they race against is not important – as long as they get to the start they will get a time. C4s are to have coxswain UNLESS they have very strong boat skills. Coxing a C4 is considerably faster than drifting down the lake sideways trying to figure out what to do!

That's it! It's really not complicated once we get going!

Results will be posted on the ADCKC.CA website after the regatta (usually by the next morning)s!

Turn left around the turn marker(s)

200m Turn

Finish on the other side (Red Flag Side) of the motorboat

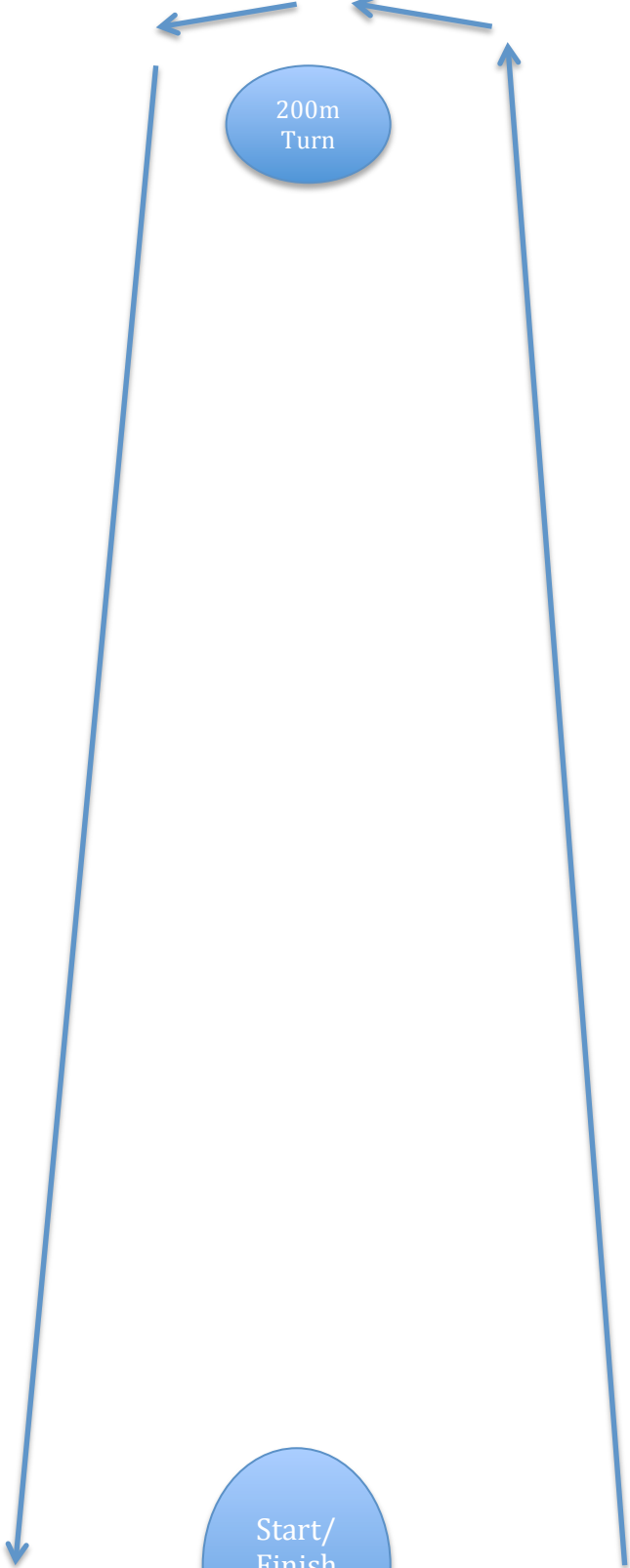
Start to the right (Green Flag Side) of the motorboat



Finish Area

Start/
Finish
Boat

Start Area



Men U11 K1

Boat Number	Name	Club	Start Time	Finish Time	Actual
3	Will Kooyman	CH			
4	Max Levy	CH			
5	Sam Skebo	CH			
6	Brady Campbell	CH			
7	Gavin Jeans	CH			
8	Tate Levy	CH			
9	Drew Taylor	CH			
10	Mark Hall	CH			
11	Oliver Murphy	CH			
12	Isacc Powell	CH			
13	Brandon Mclachlan	CH			
14	Flynn Carroll	CH			
15	Ryland Whyatt	CH			
16	Rhys Uhlamen	CH			
17	Ryan Donavan	CH			
18	Alec MacAulay	CH			
19	Levi Allen	CH			
20	Cole Howell	CH			
21	Ben Henry	CH			
22	Dominic	CH			
23	Branden Slade	CH			
24	Keaden Simons	CH			
25	Jack Maceachern	CH			
26	Evan Deal	CH			
27	Hayden Brown	CH			
28	Jonah McIntyre	CH			

U11 Singles - Sackawa 2018

Men U11 K1

Boat Number	Name	Club	Start Time	Finish Time	Actual
29	Brandon Ivany	CH			
30	Oliver Smith	CH			
31	Jake Butcher	CH			
32	Bennett Lassaline	CH			
33	Fraser Farrall	CH			
34	Ethan Dort	CH			
35	Jake Given	CH			
36	Ben Jones	CH			
37	Sam Allison	CH			
120	Zach Morash	OR			
121	Cole Leslie	OR			
122	Kole Faulkner	OR			
123	Braedon Keeping	OR			
124	Chayce Roma	OR			
125	Aiden Peddle	OR			
126	Cruz Thompson	OR			
127	Sebastien Landry	OR			
128	Conner O'Connell	OR			
129	Luke O'Connell	OR			
130	Ryland Firth	OR			
171	Jaxson Lee	SA			
172	Matt MacDonald	SA			
173	Liam Patterson	SA			
174	Phil Munro	SA			
175	Jonathan Roberts	SA			
176	Declan Freeman	SA			

U11 Singles - Sackawa 2018

Men U10 K1

Boat Number	Name	Club	Start Time	Finish Time	Actual
110	Ryley Jennex	OR			
111	Jack Leslie	OR			
112	Logan MacDonald	OR			
113	Aiden Lovell	OR			
114	Hayden Brittain	OR			
115	Jaxon Oreilly	OR			
116	Joseph Cullen	OR			
117	Nolan Yeo	OR			
169	Jaxson Lee	SA			

U11 Singles - Sackawa 2018

Men U9 K1

Boat Number	Name	Club	Start Time	Finish Time	Actual
131	Mason Allen	OR			
132	Brett Pierce	OR			
133	Caleb Baker	OR			
134	Neil Yeo	OR			
177	Kaden Sheikh	SA			
178	Brody Brewer	SA			
179	Anderson Cole	SA			
180	Zach Dufour	SA			
181	Chase Doyle	SA			
182	Seth McFeters	SA			

U11 Singles - Sackawa 2018

Women U11 K1

Boat Number	Name	Club	Start Time	Finish Time	Actual
40	Cicely Harnum	CH			
41	Ella Taylor	CH			
42	Ellarie Johnson	CH			
43	Emily Gaudet	CH			
44	Emma Cole	CH			
45	Charlotte Langley	CH			
46	Heidi Brown	CH			
47	Isabelle Kim	CH			
48	Anya Cozens	CH			
49	Emma Mckay	CH			
50	Gabby Allen	CH			
51	Georgia Rudderham	CH			
52	Grace Warren	CH			
53	Emma Browne	CH			
54	Casey Underhill	CH			
55	Caroline Hilton	CH			
56	Brooke Sanford	CH			
57	Alicia Stanley	CH			
58	Abby Deion	CH			
59	Abby Conroy	CH			
60	Lauren McGill	CH			
61	Josie Duffy	CH			
62	Carley Frizzle	CH			
63	Chloe Eisnor	CH			
64	Ellen Rudderham	CH			
65	Robin Conrod	CH			

U11 Singles - Sackawa 2018

Women U11 K1

Boat Number	Name	Club	Start Time	Finish Time	Actual
66	Sophie Tingley	CH			
67	Devika Shalju	CH			
68	Renee Chouinard	CH			
69	Cate Hartler	CH			
70	Katie Gaudet	CH			
71	Shannon Nolan	CH			
72	Claire Sanford	CH			
73	Morgan Nutter	CH			
74	Kaylee Hirtle	CH			
75	Katie Cooper	CH			
76	Marcy Meisner	CH			
77	Marion Purdy	CH			
78	Matilda Bowers	CH			
79	Megan Mcfeters	CH			
80	Megan Thompson	CH			
81	Ella Cozens	CH			
82	Morgan Jollymore	CH			
83	Sophia Kerr	CH			
84	Naomi Brooksby	CH			
85	Nicole Hunter	CH			
86	Sarah Leger	CH			
87	Sienna Jones	CH			
140	Bailey Duplessis	OR			
141	Teagan Frizzell	OR			
142	Julia Vanbommel	OR			
143	Brooklyn Cole	OR			

U11 Singles - Sackawa 2018

Women U11 K1

Boat Number	Name	Club	Start Time	Finish Time	Actual
144	Willow Hatheway	OR			
145	Callie Baker	OR			
187	Jenna Lamontagne	SA			
188	Aaliyah Comeau	SA			
189	Katie Gouthro	SA			
190	Sara Blackmore	SA			
191	Katie Gouthro	SA			

U11 Singles - Sackawa 2018

Women U10 K1

Boat Number	Name	Club	Start Time	Finish Time	Actual
135	Chloe Dwinell	OR			
136	Hannah Lewis	OR			
137	Olivia Murphy	OR			
138	Ava Bellefontaine	OR			
139	Cheyenne Roma	OR			
183	Lauren Delvin	SA			
184	Clara Whyte	SA			
185	Aaliyah Comeau	SA			
186	Jenna Lamontagne	SA			

U11 Singles - Sackawa 2018

Women U9 K1

Boat Number	Name	Club	Start Time	Finish Time	Actual
146	Audrey Cuthbert	OR			
147	Aubree Curren	OR			
148	Ella Cornect	OR			
149	Lily MacLean	OR			
150	Phoebe Murphy	OR			
192	Zoe Alexander	SA			
193	Abby Cornelius	SA			

U11 Singles - Sackawa 2018

Men U11 C1

Boat Number	Name	Club	Start Time	Finish Time	Actual
1	Brady Campbell	CH			
2	Will Kooyman	CH			
118	Ryland Firth	OR			
119	Zach Morash	OR			
170	Matt MacDonald	SA			

U11 Singles - Sackawa 2018

Men U10 C1

Boat Number	Name	Club	Start Time	Finish Time	Actual
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U11 Singles - Sackawa 2018

Men U9 C1

Boat Number	Name	Club	Start Time	Finish Time	Actual
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U11 Singles - Sackawa 2018

Women U11 C1

Boat Number	Name	Club	Start Time	Finish Time	Actual
38	Chloe Eisnor	CH			
39	Elle Mackenzie	CH			

U11 Singles - Sackawa 2018

Women U10 C1

Boat Number	Name	Club	Start Time	Finish Time	Actual
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U11 Singles - Sackawa 2018

Women U9 C1

Boat Number	Name	Club	Start Time	Finish Time	Actual
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U11 Singles - Sackawa 2018

5:40 PM	Event #2	U11 K4 - Men or Mixed	200m	Heat #1
Place	Lane	Name	Club	Time
	102	Jonah Mcyntere/Evan Deal/Oliver Smith/ Cole Howell	CH	
	103	Levi Allen/Drew Taylor/Gavin Jeans/ Sam Skebo	CH	
	160	Wesley Hill/Sebastian Landry/Jaxon Oreilly/Aiden Lovell	OR	
	161	Braedon Keeping/ Ryley Jennex/Chayce Roma/Logan MacDonald	OR	
	197	Declan Freeman/Jaxson Lee/Spencer Zabarylo/Matt MacDonald	SA	
5:44 PM	Event #3	U11 Women C4	200m	Heat #1
Place	Lane	Name	Club	Time
	108	Ella Cozens/Robin Conrod/Abby Deion/Sophia Kerr	CH	
	109	Elle Mackenzie/Chloe Eisnor/Claire Sanford/Alicia Stanley	CH	
	166	Chloe Dwinell/Phoebe Murphy/Aubree Curren/Audrey Cuthbert	OR	
5:48 PM	Event #4	U11 K4 - Men or Mixed	200m	Heat #2
Place	Lane	Name	Club	Time
	162	Mason Allen/Joseph Cullen/Brett Pierce/ Cruz Thompson	OR	
	163	Cole Leslie/Luke O'Connell/Conner O'Connell/Jack Leslie	OR	
	104	Jack Maceachern /Ben Jones/ Bennett Lassaline/ Hayden Brown	CH	
	105	Alec MacAulay/Ryan Donovan/Braden Mclachlan/Oliver Murphy	CH	
5:52 PM	Event #5	U11 Women C4	200m	Heat #2
Place	Lane	Name	Club	Time
	167	Willow Hatheway/Teagan Frizzell/Ella Cornect/Ava Bellefontaine	OR	
	168	Olivia Murphy/Lily MacLean/Julia Vanbommel/Brooklyn Cole	OR	
5:56 PM	Event #6	U11 K4 - Men or Mixed	200m	Heat #3
Place	Lane	Name	Club	Time
	106	Rhys Uhlamen/Ryland Whyatt/Flynn Carroll/Brandon Ivany	CH	
	107	Sam Allison/Will Kooyman/Tate Levy/Ethan Dort	CH	
	164	Kole Faulkner/Neil Yeo/Nolan Yeo/Hayden Brittain	OR	
	165	Ryland Firth/Zach Morash/Caleb Baker/Aiden Peddle	OR	

6:00 PM	Event #7	U11 C4(or 5) - Men or Mixed	200m	Heat #1
Place	Lane	Name	Club	Time
	99	Jake Given/HaydenBrown/Keaden Simons/Brendan Slade	CH	
	100	Issac Powell/Fisher Farrall/Jack butcher/Ben Henry	CH	
	154	Kole Faulkner/Neil Yeo/Nolan Yeo/Hayden Brittain	OR	
	155	Ryland Firth/Zach Morash/Cruz Thompson/Aiden Peddle	OR	
	156	Cole Leslie/Luke O'Connell/Conner O'Connell/Jack Leslie	OR	
6:04 PM	Event #8	U11 Women K4	200m	Heat #1
Place	Lane	Name	Club	Time
	88	Shannon Nolan/Katie Gaudet/Renee Chouinard/Carley Frizzle	CH	
	89	Sarah Leger/Abby Conroy/Isabelle Kim/Megan Thompson	CH	
	90	Charlotte Langley/Kate Gaudet/Sienna Jones/Heidi Brown	CH	
	194	Sara Blackmore/Zoe Alexander/Clara Whytewood/Jenna Lamontagne	SA	
6:08 PM	Event #9	U11 C4(or 5) - Men or Mixed	200m	Heat #2
Place	Lane	Name	Club	Time
	101	Brady Campbell/Dominic/Max/ Mark Hall	CH	
	157	Mason Allen/Joseph Cullen/Brett Pierce/ Cruz Thompson	OR	
	158	Braedon Keeping/ Ryley Jennex/Chayce Roma/Logan MacDonald	OR	
	159	Wesley Hill/Sebastian Landry/Jaxon Oreilly/Aiden Lovell	OR	
6:12 PM	Event #10	U11 Women K4	200m	Heat #2
Place	Lane	Name	Club	Time
	91	Emma Cole/Emma McKay/Georgia Rudderham/Lauren McGill	CH	
	92	Brooke Sanford/Josie Duffy/Casey Underhill/Alicia Stanley	CH	
	93	Katie Cooper/Caroline Hilton/Carley Frizzle/Emma Browne	CH	
	151	Chloe Dwinell/Phoebe Murphy/Aubree Curren/Audrey Cuthbert	OR	
	195	Clara Whytewood/Lauren Delvin/Katie Gouthro/Elayna Strauss-Greer	SA	
6:16 PM	Event #11	U11 Women K4	200m	Heat #3
Place	Lane	Name	Club	Time
	94	Marcy Meisner/Marion Purdy/Kaylee Hirtle/Gabby Allen	CH	
	95	Morgan Jollymore/Naomi Brooksby/Devika Shalju/Megan McFeters	CH	
	152	Willow Hatheway/Teagan Frizzell/Ella Cornect/Ava Bellefontaine	OR	
	153	Olivia Murphy/Lily MacLean/Julia Vanbommel/Brooklyn Cole	OR	

6:20 PM	Event #12	U11 Women K4	200m	Heat #4
Place	Lane	Name	Club	Time
	96	Morgan Nutter/Grace Warren/Matilda Bowers/Claire Sanford	CH	
	97	Ellen Rudderham/Nicole Hunter/Sophie Tingley/Anyia Cozens	CH	
	98	Cicely Harnum/Ella Taylor/Ellarie Johnson/Emily Gaudet	CH	
	196	Jenna Lamontagne/Abby Cornelius/Vanessa Stewart/Aaliyah Co	SA	
6:24 PM	Event #13	U11 Club War Canoe	200m	Heat #1
Place	Lane	Name	Club	Time
	1			
	2			
	3	Grant MacDonald	OR	
	4			
	5	William Miller	CH	
	6			
	7	Annie Tulk	SA	
	8			
	9	Lily Warner	CH	
6:28 PM	Event #14	U11 Club War Canoe	200m	Heat #2
Place	Lane	Name	Club	Time
	1			
	2	Amy Munroe	OR	
	3			
	4	Emily Burke	CH	
	5			
	6	Adam Brien	CH	
	7			
	8	Megan McNeil	SA	
	9			