

FIRST START: 4:00 PM (Paddlers meeting at 3:30)

Singles are in C1's OR mini type K1s (**NO** Full size K1's)

As a paddler leaves the dock, ensure they have THEIR number on the boat. If they are in both C1, AND k1, they should have a different number for each. Numbers will be provided by the Regional Coach. If a number gets lost, just make sure the paddler knows what it is. I will ask at the finish line! – (Make this the second option, not the first just because you don't feel like putting numbers on boats...)

In the singles events, Paddlers can start ANYTIME within the 90 minutes between 4 and 5:30. Starts are not boys, girls, kayaks, or canoes, they are simply started when the paddlers are ready to go and may or may not be with other paddlers of the same class. Paddlers are free to organize races against their friends, or go on their own if they choose

When 1 or more paddlers are at the line to start, they will be sent off, and their start time recorded. They will proceed to the 200m line or predetermined marker, and back to the finish for a distance of around 400m. Crew boats are a straight 500m course.

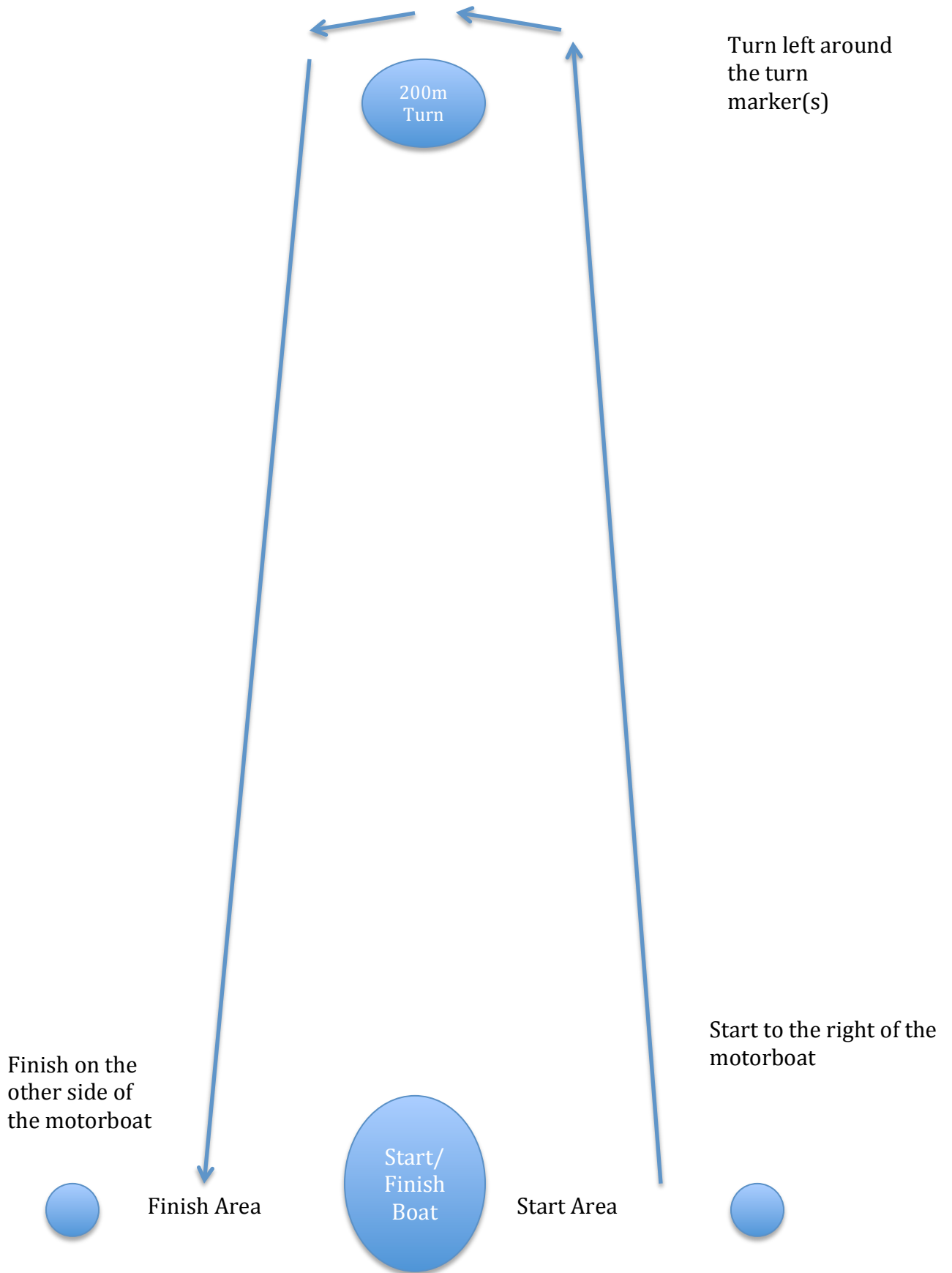
In singles, paddlers may go more than once if they like, provided they do not interfere others getting a chance! The record is 8 times!

Singles Starts will end at 5:30PM SHARP, or earlier if there are no more starters coming to the line.

Crew boat races will start at 5:30, at the 200m startline (not the start of the singles). Just get the kids out there! As long as they have a boat number, and the crew is recorded with the staff, they will get a time and a result. Who they race against is not important – as long as they get to the start they will get a time. C4s are to have coxswain UNLESS they have very strong boat skills. Coxing a C4 is considerably faster than drifting down the lake sideways trying to figure out what to do!

That's it! It's really not complicated once we get going!

Results will be posted on the ADCKC.CA website later in the day!



Men U11 K1

Boat Number	Name	Club	Start Time	Finish Time	Actual
1	Tate Levy	CH			
2	Jacob Berry	CH			
3	Blake Julien	CH			
4	William Kooyman	CH			
5	Owen Lamb	CH			
6	Eugene Legge	CH			
7	Jayson Harding	CH			
8	Max Levy	CH			
9	Kristopher Harding	CH			
10	Ben Lush	CH			
11	Jake MacAulay	CH			
12	Alec MacAulay	CH			
13	Mason MacDougall	CH			
14	Devin MacPhee	CH			
15	Mitchell Meisner	CH			
16	Owen LeVasseur	CH			
17	Finn Cooper	CH			
18	Austin Bezanson	CH			
19	Dominic Blackwood	CH			
20	Dylan Browne	CH			
21	Lucas Cameron	CH			
22	Brady Campbell	CH			
23	Ben Jones	CH			
24	Phoenix Cook	CH			
25	Nathan Ponza	CH			
26	Ethan Dort	CH			

U11 Singles - Cheema 2017

Men U11 K1

Boat Number	Name	Club	Start Time	Finish Time	Actual
27	Fraser Ferrall	CH			
28	Dylan Flynn	CH			
29	Camden Fraser	CH			
30	Mark Hall	CH			
31	Cameron Hall	CH			
32	Anderson Chaisson	CH			
33	lukas munn	CH			
34	Cameron Wilkie	CH			
35	Caiden Rhodes	CH			
36	Kaeden Simmons	CH			
37	Brendan Slade	CH			
38	Zak Storm	CH			
39	Tristan Sullivan	CH			
40	Caleb Waterman	CH			
41	Colin Peryer	CH			
42	Rhys Uhlman	CH			
43	Angus Berry	CH			
44	Cody Barbrick	CH			
45	Zacharie Chenard	CH			
46	Jack Foye	CH			
47	Sam Allison	CH			
117	Zach Flynn	MA			
118	Carson Dodge	MA			
119	Alex Alain	MA			
120	Josh Fraser	MA			
121	Ian Lovett	MA			

U11 Singles - Cheema 2017

Men U11 K1

Boat Number	Name	Club	Start Time	Finish Time	Actual
122	Finn Boyden	MA			
123	Angus Flynn	MA			
124	Ben Connel	MA			
125	Lukas Smith	MA			
126	Ben MacDonald	MA			
127	Liam Boltz	MA			
128	Brody Hilton-King	MA			
129	Matt Brown	MA			
130	Landon Ogrady	MA			
131	Alistar Land	MA			
132	Evan Alain	MA			
133	Connor Amero	MA			
134	Ryan Hill	MA			
135	Ben Levit	MA			
136	Cole Bent	MA			
137	Noah Jad	MA			
138	Terriq Jad	MA			
139	Parker Campbell	MA			
140	Cameron Didychuck	MA			
141	Xander Bonia	MA			
142	Thomas Tran	MA			
224	Joey Lake	SA			
225	Liam Patterson	SA			
226	Max Steffin	SA			
227	Noah Oliver	SA			
228	Noah Lively	SA			

U11 Singles - Cheema 2017

Men U11 K1

Boat Number	Name	Club	Start Time	Finish Time	Actual
229	Samuel Levesque	SA			
230	William Elliott	SA			
231	Colton Jodery	SA			
232	Aidan Jones	SA			
233	Dawson Baillie	SA			
234	Jaxson lee	SA			
235	Jacob Healy	SA			
236	Bruce Patterson	SA			
237	Jonathan Roberts	SA			
238	Liam Oneill	SA			
239	Matthew Macdonald	SA			
240	Owen Kiley	SA			
241	Phillip Munro	SA			
242	Pierre Levesque	SA			
243	Sam McNeil	SA			
244	Jack Doiron	SA			
245	Declan Freeman	SA			
246	Hayden Furguson	SA			
247	Duncan McElmon	SA			
248	Dryden Hardiman-Yee	SA			
249	Dawson Cleveland	SA			

U11 Singles - Cheema 2017

Men U10 K1

Boat Number	Name	Club	Start Time	Finish Time	Actual
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U11 Singles - Cheema 2017

Men U9 K1

Boat Number	Name	Club	Start Time	Finish Time	Actual
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U11 Singles - Cheema 2017

Women U11 K1

Boat Number	Name	Club	Start Time	Finish Time	Actual
51	Danni Flynn	CH			
52	Madison Conrod	CH			
53	Emmy Dort	CH			
54	Shane Macmillian	CH			
55	Jessica Mckenna	CH			
56	Ella Tufts	CH			
57	Jac Redman	CH			
58	Charlotte Hilton	CH			
59	Gabrielle Kim	CH			
60	Mya Theriault	CH			
61	Aselin Robertson	CH			
62	Sydney Amirault	CH			
63	Mylene Cormier	CH			
154	Madeleine Cluett	MA			
155	Avalyn Lefebvre	MA			
156	Gabrielle Kelloway	MA			
157	Abigail Fraser	MA			
158	Hazel Flynn	MA			
159	Maggie Covert	MA			
160	Abby Casey	MA			
161	Jenna Martin	MA			
162	Charley LeDrew	MA			
163	Emma Anthony	MA			
164	Kristina Boutilier	MA			
165	Grace Henderson	MA			
166	Autumn Lohnes	MA			

U11 Singles - Cheema 2017

Women U11 K1

Boat Number	Name	Club	Start Time	Finish Time	Actual
167	Isabella Giles	MA			
168	Ellie Giles	MA			
169	Onaleigh Williment	MA			
170	Maya Vats	MA			
171	Victoria Tran	MA			
172	Julianne Tran	MA			
173	Hannah Mills	MA			
174	Senna Martell	MA			
175	Madison Yould	MA			
176	Emilie Lockhart	MA			
177	Michela Bona	MA			
178	Amelia Smith	MA			
179	Lainey Bussey	MA			
180	Paige Forsythe	MA			
181	Isabelle Rollings	MA			
256	Bronwyn Murphy	SA			
257	Ellayah Husbands	SA			
258	Jenna Lemongtange	SA			
259	Clara Whytewood	SA			
260	Frankie Steffin	SA			
261	Elayna Strauss-Greer	SA			
262	Marsha Meaney	SA			
263	Sara Blackmore	SA			

U11 Singles - Cheema 2017

Women U10 K1

Boat Number	Name	Club	Start Time	Finish Time	Actual
64	Gabrielle Allen	CH			
65	Heidi Brown	CH			
66	Charlotte Langley	CH			
67	Brooke Sanford	CH			
68	Josie Duffy	CH			
69	Abby Deion	CH			
70	Robin Conrod	CH			
71	Sienna Jones	CH			
72	Olivia Wilkinson	CH			
73	Mia Fabrizi	CH			
74	Alicia Stanley	CH			
75	Jane Tuttle	CH			
76	Kiara LeVasseur	CH			
77	Anya Cozens	CH			
78	Ella Cozens	CH			
79	Madden O'Grady	CH			
80	Devika Krishna	CH			
81	Catherine Nolan	CH			
82	Kaylee Hirtle	CH			
83	Chloe Eisnor	CH			

U11 Singles - Senobe 2017

Women U9 K1

Boat Number	Name	Club	Start Time	Finish Time	Actual
84	Caroline Hilton	CH			
85	Sophia Kerr	CH			
86	Mya King-Hyacinth	CH			
87	Sarah Leger	CH			
88	Claire Sanford	CH			
89	Parker Waterman	CH			
90	Morgan Nutter	CH			

U11 Singles - Cheema 2017

Men U11 C1

Boat Number	Name	Club	Start Time	Finish Time	Actual
48	Zak Storm	CH			
49	Phoenix Cook	CH			
50	Colin Peryer	CH			
143	Matt Brown	MA			
144	Thomas Tran	MA			
145	Terriq Jad	MA			
146	Josh Fraser	MA			
147	Finn Boyden	MA			
148	Angus Flynn	MA			
149	Ben Connel	MA			
150	Xander Bonia	MA			
151	Ryan Hill	MA			
152	Brody Hilton-King	MA			
153	Ben MacDonald	MA			
250	Sam McNeil	SA			
251	Matthew Macdonald	SA			
252	Liam Oneill	SA			
253	Jonathan Roberts	SA			
254	Colton Jodery	SA			
255	Noah Oliver	SA			

U11 Singles - Cheema 2017

Men U10 C1

Boat Number	Name	Club	Start Time	Finish Time	Actual
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U11 Singles - Cheema 2017

Men U9 C1

Boat Number	Name	Club	Start Time	Finish Time	Actual
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U11 Singles - Cheema 2017

Women U11 C1

Boat Number	Name	Club	Start Time	Finish Time	Actual
91	Christina Perrin	CH			
182	Autumn Lohnes	MA			
183	Jenna Martin	MA			
184	Charley LeDrew	MA			
185	Karena Little	MA			
186	Emma Anthony	MA			
187	Kristina Boutilier	MA			
188	Maya Vats	MA			
189	Senna Martell	MA			
190	Lainey Bussey	MA			
191	Abby Casey	MA			
192	Ellie Giles	MA			
193	Amelia Smith	MA			
194	Madeline Cluett	MA			
195	Michela Bona	MA			
196	Isabelle Rollings	MA			
197	Paige Forsythe	MA			

U11 Singles - Cheema 2017

Women U10 C1

Boat Number	Name	Club	Start Time	Finish Time	Actual
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U11 Singles - Cheema 2017

Women U9 C1

Boat Number	Name	Club	Start Time	Finish Time	Actual
92	Elle MacKenzie	CH			

U11 Singles - Cheema 2017

5:30 PM	Event #1	Men or Mixed K4	200m	
Place	Lane	Name	Club	Time
	93	Tate Levy /Eugene Legge/Anderson Chaisson / Colin Peryer	CH	
	97	Sam Allison/ Owen Levasseur/Nathan Ponza/Caiden Rhodes	CH	
	201	Alex Alain/ Evan Alain/ Terriq Jad/ Noah Jad	MA	
	265	Sam McNeil/Liam Oneill/Jacob Healy/Noah Oliver	SA	
5:34 PM	Event #2	Women C5	200m	
Place	Lane	Name	Club	Time
	109	Mia Fabrizi/Alicia Stanley/Sydney Amirault/Abby Deion	CH	
	218	Jenna Martin/Maya Vats/Victoria Tran/Lainey Bussey	MA	
	110	Sarah Leger/Claire Sanford/Charlotte Hilton/Aselin Robertson	CH	
	219	Hazel Flynn/Avalyn Lefebvre/Emma Anthony/Julianne Tran	MA	
5:38 PM	Event #3	Men or Mixed K4	200m	
Place	Lane	Name	Club	Time
	94	Rhys Uhlman/Cameron Hall/ Mark Hall/ Ethan Dort	CH	
	198	Ben Connel/ Carson Dodge/ Ryan Hill/ Finn Boyden	MA	
	202	Josh Fraser/ Zach Flynn/ Angus Flynn/ Matt Brown	MA	
	266	Pierre Levesque/Noah Lively/Colton Jodery/Aiden Jones	SA	
5:42 PM	Event #4	Women C5	200m	
Place	Lane	Name	Club	Time
	111	Elle MacKenzie/Christina Perrin/Ella Tufts/Chloe Eisnor	CH	
	220	Michela Bona/Onaleigh Williment/Gabrielle Kelloway/Autumn Lohne	MA	
	217	Paige Forsythe/Hannah Mills/Amelia Smith/Kristina Boutilier	MA	
	221	Maggie Covert/Grace Henderson/Charley LeDrew/Madeline Cluett	MA	
5:46 PM	Event #5	Men or Mixed K4	200m	
Place	Lane	Name	Club	Time
	95	Iukas munn/ Caiden Rhodes /Fraser Ferrall/ Tristan Sullivan	CH	
	199	Cameron Didychuck/ Lukas Smith/ Alistar Land/ Parker Campbell.	MA	
	203	Cole Bent/ Connor Amero / Ben levit/ Thomas Tran	MA	
	267	Jaxson lee/Dawson Baillie/Owen Kiley/Bruce Patterson	SA	
5:50 PM	Event #6	Men or Mixed C5	200m	
Place	Lane	Name	Club	Time
	98	Jack Foye/Pheonix Cook/Jack Meisner/Ben Jones	CH	
	205	Cameron Didychuck/ Lukas Smith/ Alistar Land/ Parker Campbell.	MA	
	209	Cole Bent/ Connor Amero/ Ben Levit/ Thomas Tran	MA	



5:54 PM	Event #7	Men or Mixed K4	200m
Place	Lane	Name	Club
	96	Alec MacAulay/Max Levy/ Brady Campbell/Pheonix Cook	CH
	200	Landon Ogrady/ Brody Hilton-King/ Liam Boltz/ Ben MacDonald	MA
	264	William Elliott/Matthew MacDonald/Joey Lake/Hayden Furguson	SA
5:58 PM	Event #8	Men or Mixed C5	200m
Place	Lane	Name	Club
	99	Colin Peryer/Max Levy/lukas munn/Rhys Uhlman	CH
	206	Landon Ogrady/ Brody Hilton-King/ Liam Boltz/ Ben MacDonald	MA
	268	Matthew Macdonald/Pierre Levesque/Joey Lake Colton Jodery	SA
6:02 PM	Event #9	Women K4	200m
Place	Lane	Name	Club
	104	Devika Krishna/Parker Waterman/Jessica Mckenna/Catherine Nolar	CH
	107	Jane Tuttle/Charlotte Langley/Robin Conrod/Madison Conrod	CH
	212	Karena Little/Madison Yould/Isabelle Rollings/Ellie Giles	MA
	216	Michela Bona/Onaleigh Williment/Gabrielle Kelloway/Autumn Lohne	MA
6:06 PM	Event #10	Men or Mixed C5	200m
Place	Lane	Name	Club
	100	Cameron Wilkie/Jayson Harding/Kristopher Harding/Dylan Flynn	CH
	207	Alex Alain/ Evan Alain/ Terriq Jad/ Noah Jad	MA
	269	Noah Oliver/William Elliott/Dawson Baillie/Jonathan Roberts	SA
6:10 PM	Event #11	Women K4	200m
Place	Lane	Name	Club
	101	Olivia Wilkinson/Anya Cozens/Madden O'Grady/Claire Sanford	CH
	108	Shane Macmillian/Mya Theriault/Charlotte Hilton/Aselin Robertson	CH
	213	Maggie Covert/Grace Henderson/Charley LeDrew/Madeline Cluett	MA
	271	Ellayah Husbands Shephard/Sara Blackmore/Clara Whyte/wood/Bro	SA
6:14 PM	Event #12	Men or Mixed C5	200m
Place	Lane	Name	Club
	204	Ben Connel/ Carson Dodge/ Ryan Hill/ Finn Boyden	MA
	208	Josh Fraser/ Zach Flynn/ Angus Flynn/ Matt Brown	MA
	270	Sam McNeil/Liam Oneill/Jaxson Lee/Owen Kiley	SA

6:18 PM	Event #13	Women K4	200m
Place	Lane	Name	Club
	102	Danni Flynn/Gabrielle Kin/Gabrielle Allen/Sienna Jones	CH
	105	Kiara LeVasseur/Heidi Browne/Emmy Dort/Jac Redman	CH
	210	Hazel Flynn/Avalyn Lefebvre/Emma Anthony/Julianne Tran	MA
	214	Jenna Martin/Maya Vats/Victoria Tran/Lainey Bussey	MA
6:22 PM	Event #14	Women K4	200m
Place	Lane	Name	Club
	103	Caroline Hilton/Mya King-Hyacinth/Ella Cozens/Mylene Cormier	CH
	106	Sophia Kerr/Kaylee Hirtle/Brooke Sanford/Josie Duffy	CH
	211	Paige Forsythe/Hannah Mills/Amelia Smith/Kristina Boutilier	MA
	215	Abigail Fraser/Emilie Lockhart/Isabella Giles/Senna Martell	MA
6:26 PM	Event #15		200m
Place	Lane	Name	Club
	1	Adam Brien	CH
	2		
	3	Jasmine Kerr	CH
	4		
	5	Mike Sampson	CH
	6		
	7	Jessica MacKay	MA
	8		
6:30 PM	Event #16		200m
Place	Lane	Name	Club
	1		
	2	Mason Koch	CH
	3		
	4	Alexandra Proudfoot	MA
	5		
	6	Emily Burke	CH
	7		
	8	Liam Dixon	SA