

## **FIRST START: 4:00 PM (Paddlers meeting at 3:30)**

Singles are in C1's OR mini type K1s (**NO** Full size K1's)

As a paddler leaves the dock, ensure they have THEIR number on the boat. If they are in both C1, AND k1, they should have a different number for each. Numbers will be provided by the Regional Coach. If a number gets lost, just make sure the paddler knows what it is. I will ask at the finish line! – (Make this the second option, not the first just because you don't feel like putting numbers on boats...)

In the singles events, Paddlers can start ANYTIME within the 90 minutes between 4 and 5:30. Starts are not boys, girls, kayaks, or canoes, they are simply started when the paddlers are ready to go and may or may not be with other paddlers of the same class. Paddlers are free to organize races against their friends, or go on their own if they choose

When 1 or more paddlers are at the line to start, they will be sent off, and their start time recorded. They will proceed to the 200m line or predetermined marker, and back to the finish for a distance of around 400m. Crew boats are a straight 500m course.

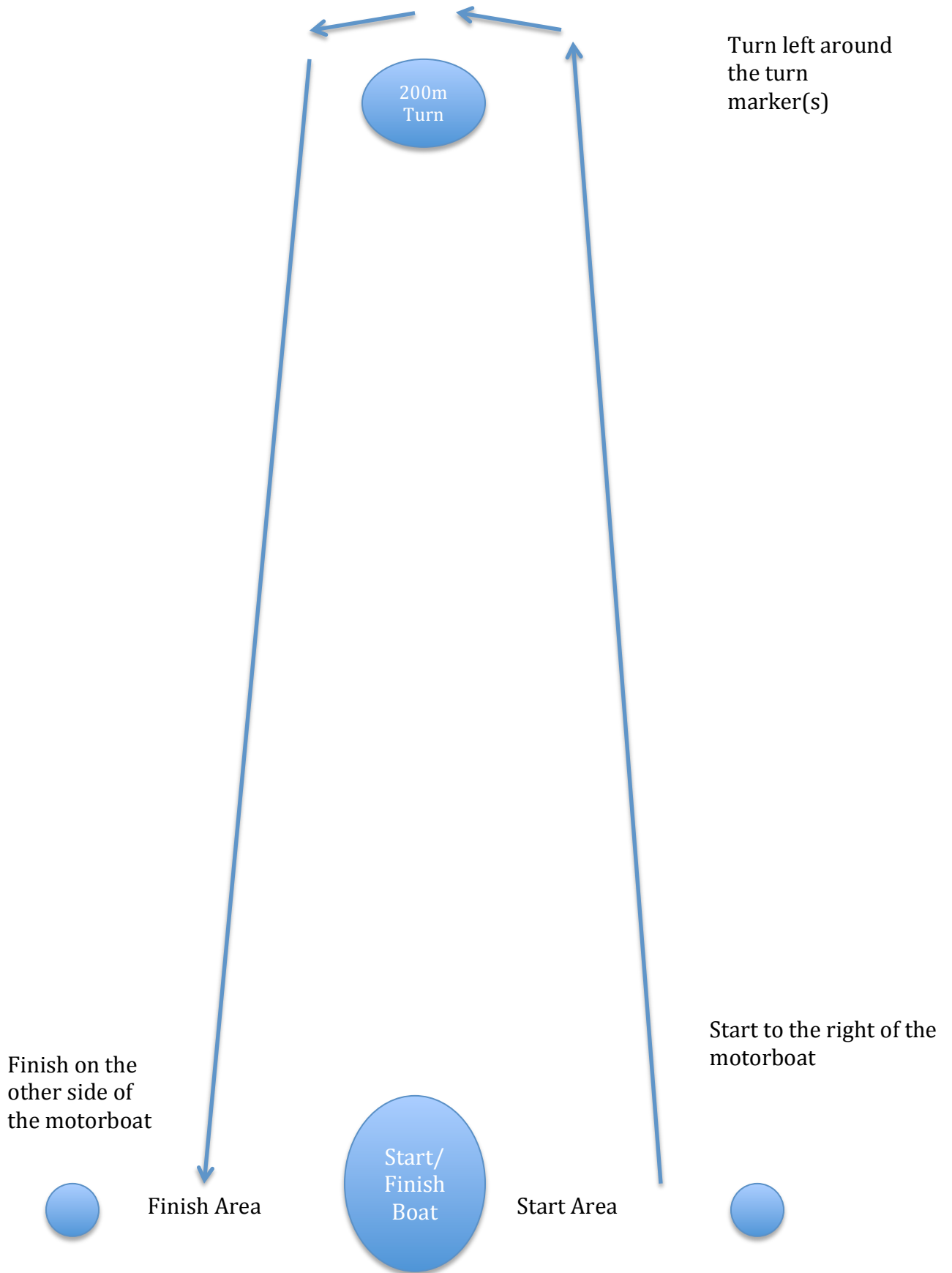
In singles, paddlers may go more than once if they like, provided they do not interfere others getting a chance! The record is 8 times!

**Singles Starts will end at 5:30PM SHARP, or earlier if there are no more starters coming to the line.**

Crew boat races will start at 5:30, at the 200m startline (not the start of the singles). Just get the kids out there! As long as they have a boat number, and the crew is recorded with the staff, they will get a time and a result. Who they race against is not important – as long as they get to the start they will get a time. C4s are to have coxswain UNLESS they have very strong boat skills. Coxing a C4 is considerably faster than drifting down the lake sideways trying to figure out what to do!

That's it! It's really not complicated once we get going!

Results will be posted on the ADCKC.CA website later in the day!



# Men U11 K1

Boat Number	Name	Club	Start Time	Finish Time	Actual
1	Cameron McKenna	AB			
2	Charlie Dewar	AB			
3	James MacKinnon	AB			
4	Reid Amero	AB			
5	Benjamin Barreiro	AB			
6	Matthew Cormier	AB			
54	Hunter Wells	OR			
55	Devan Gillet	OR			
56	Jase Bartlett	OR			
57	Aiden Barker	OR			
58	Ryan Macleod	OR			
59	Jordan Gallagher	OR			
60	Riley Cuthbert	OR			
61	Ben Fraser	OR			
62	Gavin Peddle	OR			
149	Duncan Giles	SE			
150	Noah Latremouille	SE			
151	Matthew Harding	SE			
152	Max Dalton	SE			
153	Kai Tobin	SE			
154	Noah Gibson	SE			
155	Tyler Lane	SE			
156	Edouard Bilodeau	SE			

U11 Singles - Orenda 2017

# Men U10 K1

Boat Number	Name	Club	Start Time	Finish Time	Actual
7	Clark Mesheau	AB			
8	Michael Zinck	AB			
9	Jacob Sampson	AB			
63	Zach Morash	OR			
64	Joesph Cullen	OR			
65	Bo Lowery	OR			
66	Declan Pettit	OR			
67	Ben Delorey	OR			
68	Caleb Watson	OR			
69	Cole Turner	OR			
70	Kole Faulkner	OR			
157	Jack Theunissen	SE			
158	Neil Rissesco	SE			

U11 Singles - Orenda 2017

# Men U9 K1

Boat Number	Name	Club	Start Time	Finish Time	Actual
10	William Ralph	AB			
11	Markus Harrison	AB			
12	Jamie MacKinnon	AB			
13	Seamus MacAulay	AB			
14	Trent Johansson	AB			
15	Alex Law	AB			
16	William Sampson	AB			
17	Nick Trider	AB			
18	Reide Leroux	AB			
19	Parker Anderson	AB			
20	Oliver Scotland	AB			
71	Ethan Drake	OR			
72	Corey Hetherington	OR			
73	Sebastian Landry	OR			
74	Hunter Fahie	OR			
75	Chayce Roma	OR			
76	Ryland Firth	OR			
77	Luke O'Connell	OR			
78	Connor O'Connell	OR			
79	Luke Fraser	OR			
80	Will Munroe	OR			
81	Rowan Robinson-Crowley	OR			
82	Jaxon O'Reilly	OR			
83	Aiden Peddle	OR			
84	Finn St-Hillaire	OR			
85	Aiden Lovell	OR			

U11 Singles - Orenda 2017

# Men U9 K1

Boat Number	Name	Club	Start Time	Finish Time	Actual
86	Joey Dickson	OR			
87	Wesley Hill	OR			
88	Caleb Baker	OR			
89	Braedon Keeping	OR			
90	Hunter Haverstock	OR			
159	Matthew Ferguson	SE			
160	Lennon Hollett	SE			
161	Madoc Tobin	SE			
162	Russell Waters	SE			
163	Eli Cowper	SE			
164	Jack	SE			
165	Vander Tobin	SE			
166	Quinn Gibson	SE			
167	Johnathan Huntington	SE			
168	Marshall Woodford	SE			

U11 Singles - Orenda 2017

# Women U11 K1

Boat Number	Name	Club	Start Time	Finish Time	Actual
23	Annika Taylor	AB			
24	Ava Johansson	AB			
25	Bria MacDonald	AB			
97	Abigail Lovell	OR			
98	Grace Robinson-Crawley	OR			
99	Sophie Storey	OR			
100	Danica Lisicky	OR			
101	Rebecca McGraw	OR			
174	Lily Nowlan	SE			
175	Alexis Mouat	SE			
176	Maya Boyd	SE			
177	Katie Myers	SE			
178	Keira Nowlan	SE			

U11 Singles - Orenda 2017

# Women U10 K1

Boat Number	Name	Club	Start Time	Finish Time	Actual
26	Makaila Barrett	AB			
27	McKenna Scotland	AB			
28	Mia Gamble	AB			
29	Lauryn Hatfield	AB			
30	Ava James	AB			
31	MacKenzie Barro Ralph	AB			
32	Abby Pierce	AB			
33	Katie Robinson	AB			
34	Kate Bourgeois	AB			
102	Alana Hogan	OR			
103	Brooklyn Cole	OR			
104	Cheyenne Roma	OR			
105	Julia Vambommel	OR			
179	Chloe Seto	SE			
180	Athena Woodford	SE			
181	Vivianne MacLean	SE			

U11 Singles - Orenda 2017



# Women U9 K1

Boat Number	Name	Club	Start Time	Finish Time	Actual
35	Sadie Pece	AB			
36	Olivia Taylor	AB			
37	Akaysia Loppie	AB			
106	Miley Cole	OR			
107	Ella Cornet	OR			
108	Teagan Frizzell	OR			
109	Myra St-Hillaire	OR			
110	Phoebe Murphy	OR			
111	Olivia Murphy	OR			
112	Audrey Cuthbert	OR			
113	Lily Maclean	OR			
114	Chloe Dwinnell	OR			
182	Moira Malek	SE			
183	Grace Theunissen	SE			
184	Rachel Latremouille	SE			
185	Carrington MacPherson	SE			
186	Meaghan Ferguson	SE			
187	Riley Boyd	SE			
188	Georgia Mouat	SE			

U11 Singles - Orenda 2017

# Men U11 C1

<b>Boat Number</b>	<b>Name</b>	<b>Club</b>	<b>Start Time</b>	<b>Finish Time</b>	<b>Actual</b>
21	Cade Brost	AB			
91	Hunter Wells	OR			
92	Riley Cuthbert	OR			
169	Edouard Bilodeau	SE			
170	Noah Gibson	SE			
171	Tyler Lane	SE			
172	Kai Tobin	SE			
173	Duncan Giles	SE			

U11 Singles - Orenda 2017

# Men U10 C1

Boat Number	Name	Club	Start Time	Finish Time	Actual
93	Declan Pettit	OR			
94	Cole Turner	OR			

U11 Singles - Orenda 2017

# Men U9 C1

<b>Boat Number</b>	<b>Name</b>	<b>Club</b>	<b>Start Time</b>	<b>Finish Time</b>	<b>Actual</b>
22	Oliver Scotland	AB			
95	Finn St-Hillaire	OR			
96	Ryland Firth	OR			

U11 Singles - Orenda 2017

# Women U11 C1

<b>Boat Number</b>	<b>Name</b>	<b>Club</b>	<b>Start Time</b>	<b>Finish Time</b>	<b>Actual</b>
115	Abigail Lovell	OR			
116	Sophie Storey	OR			
189	Maya Boyd	SE			

U11 Singles - Orenda 2017

# Women U10 C1

Boat Number	Name	Club	Start Time	Finish Time	Actual
38	McKenna Scotland	AB			
117	Taylor Connors	OR			

U11 Singles - Orenda 2017

# Women U9 C1

<b>Boat Number</b>	<b>Name</b>	<b>Club</b>	<b>Start Time</b>	<b>Finish Time</b>	<b>Actual</b>
118	Olivia Murphy	OR			
190	Moira Malek	SE			

U11 Singles - Orenda 2017

5:30 PM	Event #1	Men or Mixed K4	200m	
Place	Lane	Name	Club	Time
	39	Michael Zinck/ Jacob Sampson/ Parker Adderson/ Jamie Mackinnon	AB	
	119	Will Munroe/Ethan Drake/Kole Faulkner/Caleb Baker	OR	
	124	Zach Morash/Gavin Peddle/Declan Pettit/Ben Delorey	OR	
	191	Vander Tobin/ Madoc Tobin/ Jack/ Noah Gibson	SE	
5:34 PM	Event #2	Women C5	200m	
Place	Lane	Name	Club	Time
	49	McKenna Scotland/Olivia Taylor/Sadie Pece/Ava James	AB	
	143	Sophie Storey/Danica Lisicky/Cheyenne Roma/Brooklyn Cole	OR	
	145	Julia Vambommel/Phoebe Murphy/Audrey Cuthbert/Teagan Frizzell	OR	
	205	Lily Nowlan/ Keira Nowlan/ Maya Boyd/ Katie Myers/ Moira Malek	SE	
5:38 PM	Event #3	Men or Mixed K4	200m	
Place	Lane	Name	Club	Time
	40	William Barro Ralph/Abby Pierce/Mackenzie Barro Ralph/William Sampson	AB	
	120	Bo Lowery/Finn St-Hillaire/Hunter Haverstock/Connor O'Connell	OR	
	125	Aiden Lovell/Aiden Brown/Sebastian Landry/Rowan Robinson-Crowley	OR	
	192	Johnathan Huntington/ Quinn Gibson/ Lennon Hollett/ Eli Cowper	SE	
5:42 PM	Event #4	Women C5	200m	
Place	Lane	Name	Club	Time
	50	Lauryn Hatfield/Ava Johansson/Annika Taylor/Mia Gamble	AB	
	144	Abigail Lovell/Olivia Murphy/Grace Robinson-Crawley/Lily MacLean	OR	
	204	Alexis Mouat/ Georgia Mouat/ Grace Theunissen/Emily Harding	SE	
	206	Rachel Latremouille/ Carrington MacPherson/ Athena Woodford/ Meaghan	SE	
5:46 PM	Event #5	Men or Mixed K4	200m	
Place	Lane	Name	Club	Time
	41	Nick Trider/ Clark Mesheau/ Alex Law/ Reide Leroux	AB	
	121	Riley Cuthbert/Aiden Barker/Cole Turner/Hunter Wells	OR	
	126	Chayce Roma/Jordan Gallagher/Joesph Cullen/Braedon Keeping	OR	
	193	Jack Theunissen/ Russell Waters/ Marshall Woodford/ Neil Rissesco	SE	
5:50 PM	Event #6	Men or Mixed C5	200m	
Place	Lane	Name	Club	Time
	44	Michael Zinck/ Oliver Scotland/ James MacKinnon/ Reid Amero	AB	
	131	Chayce Roma/Jordan Gallagher/Joesph Cullen/Braedon Keeping	OR	
	135	Corey Hetherington/Ryan Macleod/Ryland Firth/Ben Fraser	OR	
	196	Jack Theunissen/ Eli Cowper/ Russell Waters/ Marshall Woodford	SE	



5:54 PM	Event #7	Men or Mixed K4	200m	
Place	Lane	Name	Club	
	42	Matthew Cormier/ Charlie Dewar/ Cameron McKenna/ Reid Amero	AB	4
	122	Jase Bartlett/Luke Fraser/Luke O'Connell/Caleb Watson	OR	4
	127	Aiden Peddle/Cayden Martin/Tyler Martin/Devan Gillet	OR	4
	194	Noah Latremouille/ Max Dalton/ Matthew Ferguson/ Matthew Harding	SE	4
5:58 PM	Event #8	Men or Mixed C5	200m	
Place	Lane	Name	Club	
	45	Cade Brost/ Benjamin Barreiro/ Matthew Cormier/ Charlie Dewar	AB	
	132	Aiden Lovell/Aiden Brown/Sebastian Landry/Rowan Robinson-Crowley	OR	
	136	Jase Bartlett/Luke Fraser/Luke O'Connell/Caleb Watson	OR	
	197	Quinn Gibson/ Vander Tobin/ Madoc Tobin/ Jack	SE	
6:02 PM	Event #9	Men or Mixed K4	200m	
Place	Lane	Name	Club	
	43	Trent Johansson/ Markus Harrison/ James MacKinnon/ Seamus MacAulay	AB	5
	123	Hunter Fahie/Wesley Hill/Joey Dickson/Jaxon O'Reilly	OR	5
	128	Corey Hetherington/Ryan Macleod/Ryland Firth/Ben Fraser	OR	5
	195	Duncan Giles/ Edouard Bilodeau/ Tyler Lane/ Kai Tobin	SE	5
6:06 PM	Event #10	Men or Mixed C5	200m	
Place	Lane	Name	Club	
	129	Bo Lowery/Finn St-Hillaire/Hunter Haverstock/Connor O'Connell	OR	
	133	Zach Morash/Gavin Peddle/Declan Pettit/Ben Delorey	OR	
	137	Riley Cuthbert/Aiden Barker/Cole Turner/Hunter Wells	OR	
	198	Duncan Giles/ Edouard Bilodeau/ Tyler Lane/ Kai Tobin	SE	
6:10 PM	Event #11	Women K4	200m	
Place	Lane	Name	Club	
	46	Lauryn Hatfield/Ava Johansson/Ava James/Mia Gamble	AB	
	139	Audrey Cuthbert/Miley Cole/Brynne Keeping/Willow Hatheway	OR	
	142	Abigail Lovell/Olivia Murphy/Sophie Storey/Grace Robison-Crawley	OR	
	202	Grace Theunissen/ Meaghan Ferguson/ Emily Harding/ Riley Boyd	SE	
6:14 PM	Event #12	Men or Mixed C5	200m	
Place	Lane	Name	Club	
	130	Aiden Peddle/Cayden Martin/Tyler Martin/Devan Gillet	OR	
	134	Will Munroe/Ethan Drake/Kole Faulkner/Caleb Baker	OR	
	138	Hunter Fahie/Wesley Hill/Joey Dickson/Jaxon O'Reilly	OR	
	199	Noah Latremouille/ Noah Gibson/ Max Dalton/ Matthew Ferguson/ Matthev	SE	



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6:18 PM	Event #13	Women K4	200m
Place	Lane	Name	Club
	47	Sadie Pece/McKenna Scotland/Kate Bourgeois/Makaila Barrett	AB
	140	Cheyenne Roma/Danica Lisicky/Lily MacLean/Julia VanBommel	OR
	200	Lily Nowlan/ Keira Nowlan/ Maya Boyd/ Katie Myers	SE
	203	Rachel Latremouille/ Carrington MacPherson/ Georgia Mouat/ Vivianne Ma	SE
6:22 PM	Event #14	Women K4	200m
Place	Lane	Name	Club
	48	Akaysia Loppie/Olivia Taylor/Annika Taylor/Breagha Macdonald	AB
	141	Brooklyn Cole/Teagan Frizzell/Phoebe Murphy/Ella Cornect	OR
	201	Moira Malek/ Chloe Seto/ Alexis Mouat/ Athena Woodford	SE
6:26 PM	Event #15		200m
Place	Lane	Name	Club
	1		
	2	Scott Letchford	AB
	3		
	4	Meaghan Konning	OR
	5		
	6	Jack Macgovern	SE
	7		
	8	Olivia Hamilton	AB
6:30 PM	Event #16		200m
Place	Lane	Name	Club
	1		
	2	Brad Mayo	OR
	3		
	4	Riley Melanson	SE
	5		
	6	Luke Stienburg	AB
	7		
	8	Daniel Nussey	OR