

FIRST START: 4:00 PM (Paddlers meeting at 3:30)

Singles are in C1's OR mini type K1s (**NO** Full size K1's)

As a paddler leaves the dock, ensure they have THEIR number on the boat. If they are in both C1, AND k1, they should have a different number for each. Numbers will be provided by the Regional Coach. If a number gets lost, just make sure the paddler knows what it is. I will ask at the finish line! – (Make this the second option, not the first just because you don't feel like putting numbers on boats...)

In the singles events, Paddlers can start ANYTIME within the 90 minutes between 4 and 5:30. Starts are not boys, girls, kayaks, or canoes, they are simply started when the paddlers are ready to go and may or may not be with other paddlers of the same class. Paddlers are free to organize races against their friends, or go on their own if they choose

When 1 or more paddlers are at the line to start, they will be sent off, and their start time recorded. They will proceed to the 200m line or predetermined marker, and back to the finish for a distance of around 400m. Crew boats are a straight 500m course.

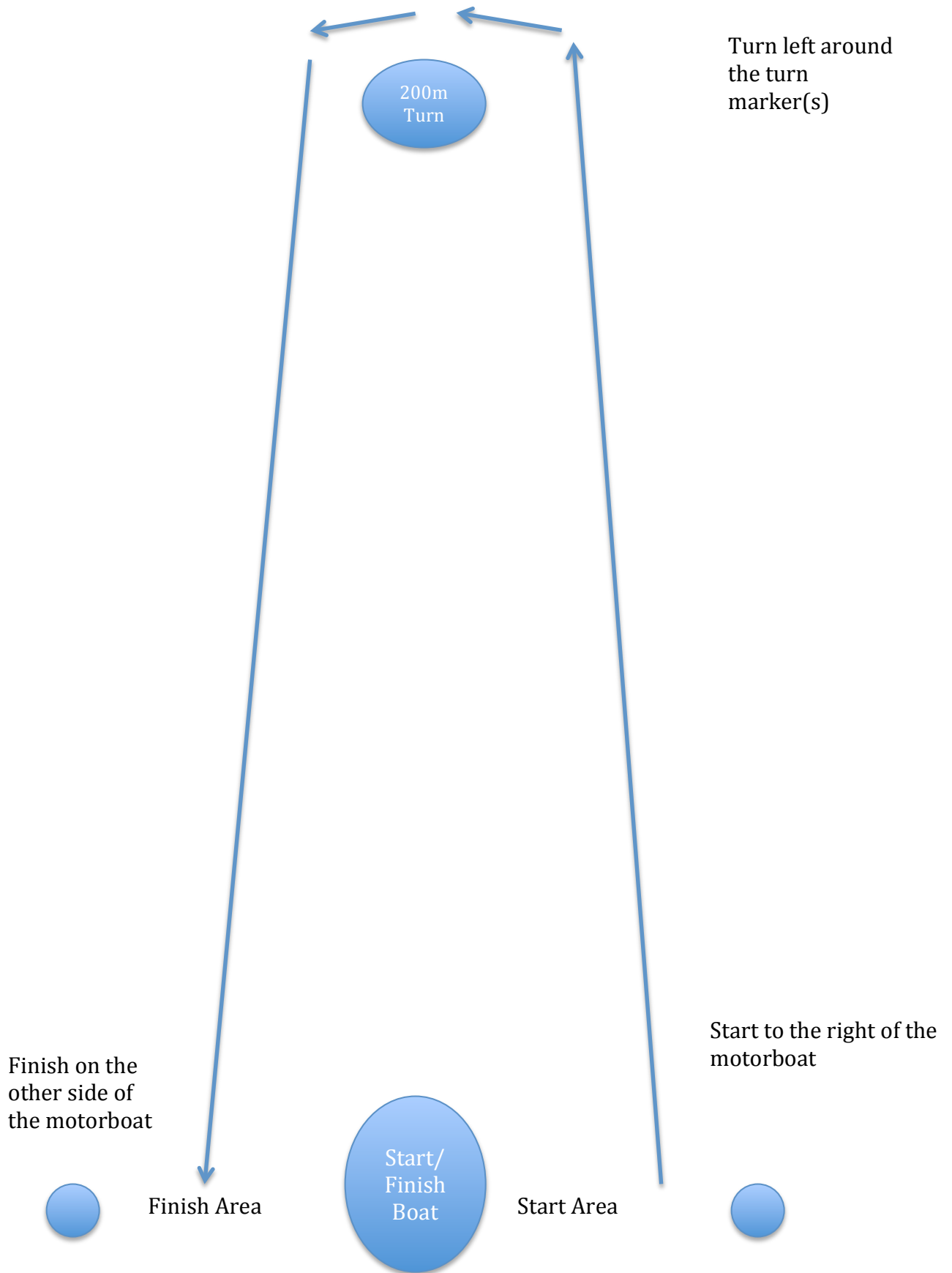
In singles, paddlers may go more than once if they like, provided they do not interfere others getting a chance! The record is 8 times!

Singles Starts will end at 5:30PM SHARP, or earlier if there are no more starters coming to the line.

Crew boat races will start at 5:30, at the 200m startline (not the start of the singles). Just get the kids out there! As long as they have a boat number, and the crew is recorded with the staff, they will get a time and a result. Who they race against is not important – as long as they get to the start they will get a time. C4s are to have coxswain UNLESS they have very strong boat skills. Coxing a C4 is considerably faster than drifting down the lake sideways trying to figure out what to do!

That's it! It's really not complicated once we get going!

Results will be posted on the ADCKC.CA website later in the day!



Men U11 K1

Boat Number	Name	Club	Start Time	Finish Time	Actual
1	Ben Jones	CH			
2	Dominic Blackwood	CH			
3	Colin Peryer	CH			
4	Blake Julien	CH			
5	Brady Campbell	CH			
6	Ben Lush	CH			
7	Dylan Flynn	CH			
8	Sam Allison	CH			
9	Lucas Cameron	CH			
10	Aiden Cameron	CH			
11	Phoenix Cook	CH			
12	Rhys Uhlman	CH			
13	Tristan Sullivan	CH			
14	Owen Lamb	CH			
15	William Kooyman	CH			
16	Brendan Slade	CH			
17	Devin MacPhee	CH			
18	Owen LeVasseur	CH			
19	Mason MacDougall	CH			
20	Angus Berry	CH			
21	Jacob Berry	CH			
22	Kristopher Harding	CH			
23	Jayson Harding	CH			
24	Zacharie Chenard	CH			
25	lukas munn	CH			
26	Caiden Rhodes	CH			

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Men U11 K1

Boat Number	Name	Club	Start Time	Finish Time	Actual
27	Fraser Ferrall	CH			
28	Ethan Dort	CH			
29	Eugene Legge	CH			
30	Tate Levy	CH			
31	Jake MacAulay	CH			
32	Alec MacAulay	CH			
33	jack meisner	CH			
34	Max Levy	CH			
35	Mark Hall	CH			
36	Austin Bezanson	CH			
37	Kaeden Simmons	CH			
38	Camden Fraser	CH			
81	Matt Brown	MA			
82	Alen Hadzimirtezic	MA			
83	Landon O'grady	MA			
84	Josh Fraser	MA			
85	Liam Boltz	MA			
86	Tyler MacDougall	MA			
87	Brody Hilton-King	MA			
88	Owen Rogers	MA			
89	Thomas Tran	MA			
90	Tariq Jad	MA			
91	Noah Jad	MA			
92	Cameron Didychuck	MA			
93	Angus Flynn	MA			
94	Ben Connell	MA			

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Men U11 K1

Boat Number	Name	Club	Start Time	Finish Time	Actual
95	Finn Boyden	MA			
96	Spencer Bond	MA			
97	Parker Campbell	MA			
98	Lucas Johnstone	MA			
99	Ryan Hill	MA			
100	Cole Bent	MA			
101	Lukas Smith	MA			
102	Ben MacDonald	MA			
137	Hayden Furguson	SA			
138	Joey Lake	SA			
139	Dawson Baillie	SA			
140	Aidan Jones	SA			
141	Samuel Levesque	SA			
142	Noah Lively	SA			
143	Pierre Levesque	SA			
144	William Elliott	SA			
145	Max Steffin	SA			
146	Noah Oliver	SA			
147	Bruce Patterson	SA			
149	Colton Jodrey	SA			
150	Declan Freeman	SA			
151	Liam Oneill	SA			
152	Dryden Hardiman-Yee	SA			

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Men U10 K1

Boat Number	Name	Club	Start Time	Finish Time	Actual
153	Matthew Macdonald	SA			
154	Owen Kiley	SA			
155	Phillip Munro	SA			

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Men U9 K1

Boat Number	Name	Club	Start Time	Finish Time	Actual
156	Dawson Cleveland	SA			
157	Alexander Peek	SA			

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Women U11 K1

Boat Number	Name	Club	Start Time	Finish Time	Actual
42	Mackayla Denford	CH			
43	Shane Macmillian	CH			
44	Madison Conrod	CH			
45	Danni Flynn	CH			
46	Ella Tufts	CH			
47	Emmy Dort	CH			
48	Charlotte Hilton	CH			
49	Gabrielle Kim	CH			
50	Jessica Mckenna	CH			
51	Mya Theriault	CH			
52	Mylene Cormier	CH			
109	Grace Henderson	MA			
110	Ellie Giles	MA			
111	Madeleine Cluett	MA			
112	Autumn Lohnes	MA			
113	Maya Vats	MA			
114	Abby Casey	MA			
115	Paige Forsythe	MA			
116	Danika Laing	MA			
117	Hannah Mills	MA			
118	Amelia Smith	MA			
119	Kristina Boutilier	MA			
160	Sara Blackmore	SA			
161	Clara Whyte-wood	SA			
162	Elayna Strauss-Greer	SA			
163	Marsha Meaney	SA			

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Women U11 K1

Boat Number	Name	Club	Start Time	Finish Time	Actual
164	Bronwyn Murphy	SA			

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Women U10 K1

Boat Number	Name	Club	Start Time	Finish Time	Actual
53	Kiara LeVasseur	CH			
54	Madden O'Grady	CH			
55	Kaylee Hirtle	CH			
56	McKenna Dickson	CH			
57	Alicia Stanley	CH			
58	Mia Fabrizi	CH			
59	Olivia Wilkinson	CH			
60	Sienna Jones	CH			
61	Gabrielle Allen	CH			
62	Abby Deion	CH			
63	Josie Duffy	CH			
64	Anya Cozens	CH			
65	Brooke Sanford	CH			
66	Catherine Nolan	CH			
67	Charlotte Langley	CH			
68	Ella Cozens	CH			
69	Heidi Brown	CH			
120	Michela Bona	MA			
121	Jenna Martin	MA			
122	Gabrielle Smith	MA			
123	Onaleigh Williment	MA			
124	Lainey Bussey	MA			
125	Claire Dixon	MA			
126	Jessica Lavigne	MA			
127	Avalyn Lefebvre	MA			

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Women U9 K1

Boat Number	Name	Club	Start Time	Finish Time	Actual
70	Morgan Jollymore	CH			
71	Caroline Hilton	CH			
72	Jac Redman	CH			
73	Sophia Kerr	CH			
74	Emma Browne	CH			
75	Mya King-Hyacinth	CH			
76	Sarah Leger	CH			
77	Claire Sanford	CH			
128	Hazel Flynn	MA			
165	Ellayah Husbands	SA			

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Men U11 C1

Boat Number	Name	Club	Start Time	Finish Time	Actual
39	Zak Storm	CH			
40	Olivier Truax	CH			
41	Dylan Browne	CH			
103	Ben MacDonald	MA			
104	Josh Fraser	MA			
105	Ben Connell	MA			
106	Angus Flynn	MA			
107	Cole Bent	MA			
108	Ryan Hill	MA			
158	Jonathan Roberts	SA			
159	Liam Oneill	SA			

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Women U11 C1

Boat Number	Name	Club	Start Time	Finish Time	Actual
78	Christina Perrin	CH			
129	Autumn Lohnes	MA			
130	Maya Vats	MA			
131	Abby Casey	MA			
132	Ellie Giles	MA			
133	Amelia Smith	MA			
134	Paige Forsythe	MA			

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Women U10 C1

Boat Number	Name	Club	Start Time	Finish Time	Actual
79	Chloe Eisnor	CH			
135	Lainey Bussey	MA			
136	Isabelle Rollings	MA			

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Women U9 C1

Boat Number	Name	Club	Start Time	Finish Time	Actual
80	Elle Mackenzie	CH			

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