

## **FIRST START: 4:00 PM (Paddlers meeting at 3:30)**

Singles are in C1's OR mini type K1s (**NO** Full size K1's)

As a paddler leaves the dock, ensure they have THEIR number on the boat. If they are in both C1, AND k1, they should have a different number for each. Numbers will be provided by the Regional Coach. If a number gets lost, just make sure the paddler knows what it is. I will ask at the finish line! – (Make this the second option, not the first just because you don't feel like putting numbers on boats...)

In the singles events, Paddlers can start ANYTIME within the 90 minutes between 4 and 5:30. Starts are not boys, girls, kayaks, or canoes, they are simply started when the paddlers are ready to go and may or may not be with other paddlers of the same class. Paddlers are free to organize races against their friends, or go on their own if they choose

When 1 or more paddlers are at the line to start, they will be sent off, and their start time recorded. They will proceed to the 200m line or predetermined marker, and back to the finish for a distance of around 400m. Crew boats are a straight 500m course.

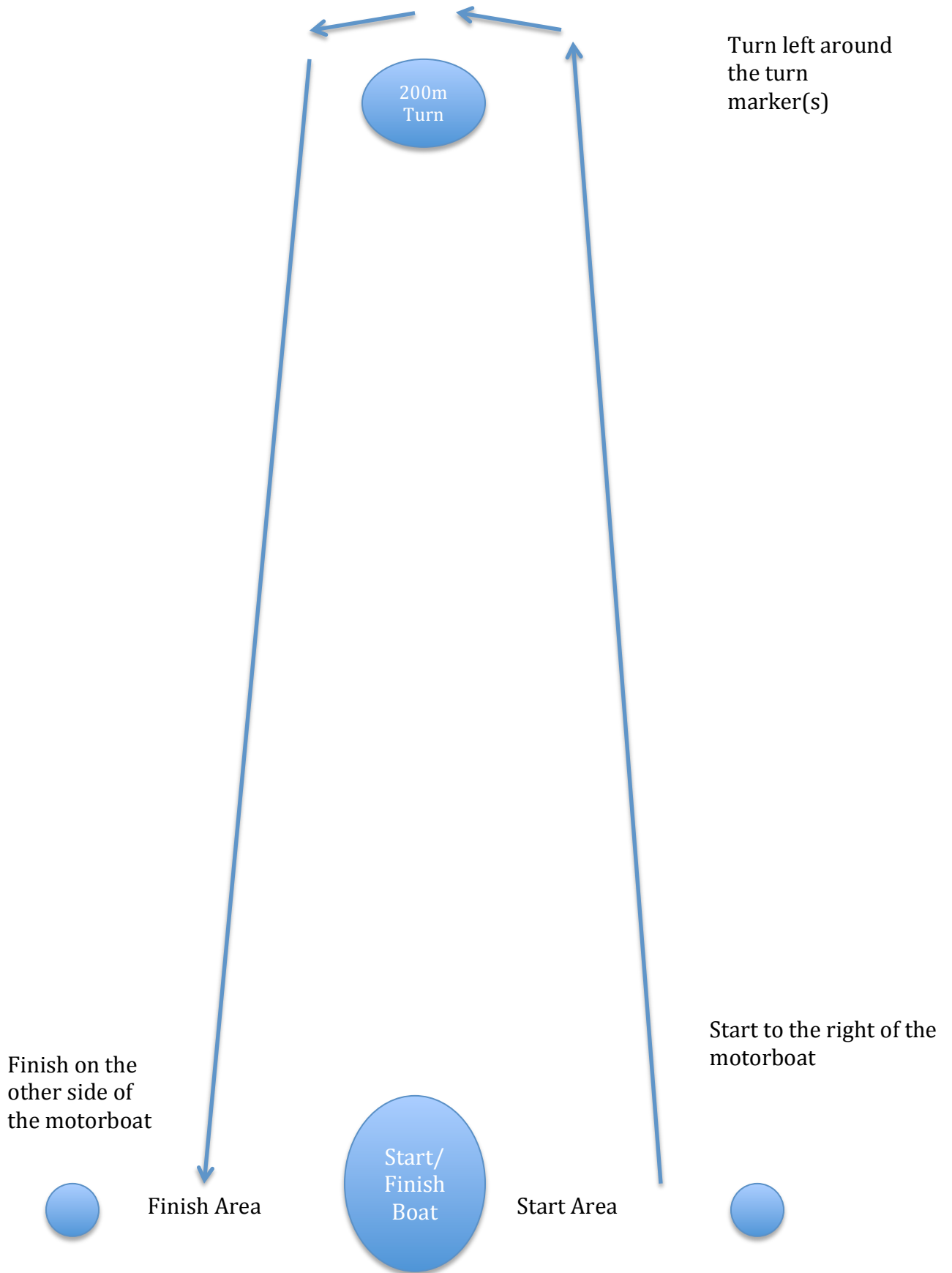
In singles, paddlers may go more than once if they like, provided they do not interfere others getting a chance! The record is 8 times!

**Singles Starts will end at 5:30PM SHARP, or earlier if there are no more starters coming to the line.**

Crew boat races will start at 5:30, at the 200m startline (not the start of the singles). Just get the kids out there! As long as they have a boat number, and the crew is recorded with the staff, they will get a time and a result. Who they race against is not important – as long as they get to the start they will get a time. C4s are to have coxswain UNLESS they have very strong boat skills. Coxing a C4 is considerably faster than drifting down the lake sideways trying to figure out what to do!

That's it! It's really not complicated once we get going!

Results will be posted on the ADCKC.CA website later in the day!



# Men U11 K1

Boat Number	Name	Club	Start Time	Finish Time	Actual
1	Reid Amero	AB			
2	Benjamin Barreiro	AB			
3	Matthew Cormier	AB			
4	Charlie Dewar	AB			
5	Cameron Greenlaw	AB			
6	Jackson Kelsie	AB			
7	James MacKinnon	AB			
8	Brandon White	AB			
9	Elliot Kavanaugh	AB			
10	Cameron McKenna	AB			
54	Jase Bartlett	OR			
55	Ryan Macleod	OR			
56	Riley Cuthbert	OR			
57	Ben Fraser	OR			
58	Gavin Peddle	OR			
107	Carter Naugler	PI			

U11 Singles - Abenaki 2017

# Men U10 K1

<b>Boat Number</b>	<b>Name</b>	<b>Club</b>	<b>Start Time</b>	<b>Finish Time</b>	<b>Actual</b>
11	Clark Mesheau	AB			
12	Michael Zinck	AB			
13	Liam MacDonald	AB			
59	Bo Lowery	OR			
60	Declan Pettit	OR			
61	Ben Delorey	OR			
62	Kole Faulkner	OR			
63	Caleb Watson	OR			
64	Zach Morash	OR			
65	Cole Turner	OR			
108	Nicholas House	PI			
109	Donald Hawkins	PI			

U11 Singles - Abenaki 2017

# Men U9 K1

Boat Number	Name	Club	Start Time	Finish Time	Actual
14	Jamie MacKinnon	AB			
15	Donovan Brochu	AB			
16	Parker Anderson	AB			
17	Nicholas Trider	AB			
18	Reide Leroux	AB			
19	William Ralph	AB			
20	Stone Manuel	AB			
21	Alex Law	AB			
22	Trent Johansson	AB			
23	Markus Harrison	AB			
24	Isaac Davis	AB			
25	William Sampson	AB			
26	Seamus MacAuley	AB			
66	Caleb Baker	OR			
67	Wesley Hill	OR			
68	Joey Dickson	OR			
69	Aiden Lovell	OR			
70	Hunter Haverstock	OR			
71	Aiden Peddle	OR			
72	Jaxon O'Reilly	OR			
73	Rowan Robinson-	OR			
74	Finn St-Hillaire	OR			
75	Ryland Firth	OR			
76	Luke O'Connell	OR			
77	Luke Fraser	OR			
78	Will Munroe	OR			

U11 Singles - Abenaki 2017

# Men U9 K1

Boat Number	Name	Club	Start Time	Finish Time	Actual
79	Connor O'Connell	OR			
110	Hayden Dill	PI			
111	Brayden Carrigan	PI			
112	Conor Hope	PI			
113	Rylan Carrigan	PI			
114	Max Wood	PI			
115	Aiden Beck-Evoy	PI			

U11 Singles - Abenaki 2017

# Women U11 K1

Boat Number	Name	Club	Start Time	Finish Time	Actual
29	Annika Taylor	AB			
30	Bria MacDonald	AB			
31	Ava Johansson	AB			
83	Danica Lisick	OR			
84	Sophie Storey	OR			
85	Rebecca McGraw	OR			
86	Abigail Lovell	OR			
119	Holly Schofield	PI			
120	Claire Naugler	PI			
121	Josie States	PI			

U11 Singles - Abenaki 2017

# Women U10 K1

Boat Number	Name	Club	Start Time	Finish Time	Actual
32	Lauren Delaney	AB			
33	Makaila Barrett	AB			
34	Kate Bourgeois	AB			
35	Mia Gamble	AB			
36	Olivia Harrison	AB			
37	Lauryn Hatfield	AB			
38	Reaghan Moore	AB			
39	Ava James	AB			
40	Mackenzie Ralph	AB			
41	Abby Pierce	AB			
42	Katie Robinson	AB			
50	Abigail Page	AB			
51	Mckenna Scotland	AB			
52	Mary Felix	AB			
53	Bridget MacMillan	AB			
87	Cheyenne Roma	OR			
88	Sophia Nadeau	OR			
89	Alana Hogan	OR			
90	Willow Hatheway	OR			
91	Mya Davies	OR			
92	Taylor Connors	OR			
93	Brooklyn Cole	OR			
94	Callie Baker	OR			
95	Julia VanBommel	OR			
122	Sierra Kelly	PI			
123	Jenna Wile	PI			

U11 Singles - Abenaki 2017



# Women U10 K1

Boat Number	Name	Club	Start Time	Finish Time	Actual
124	Maura Macumber	PI			
125	Kyanna Hope	PI			
126	Kiona Dowe	PI			
127	Mackenzie-Joe Williams	PI			
129	Kiona Dowe	PI			
130	Kyanna Hope	PI			
131	Maura Macumber	PI			
132	Sierra Kelly	PI			

U11 Singles - Abenaki 2017

# Women U9 K1

Boat Number	Name	Club	Start Time	Finish Time	Actual
43	Sophie Codycox	AB			
44	Chloe Dagnall	AB			
45	Lydia Groom	AB			
46	Sadie Pece	AB			
47	Olivia Taylor	AB			
48	Akaysia Loppie	AB			
49	Olivia Hawrylak	AB			
96	Audrey Cuthbert	OR			
97	Myra St-Hillaire	OR			
98	Pheobe Murphy	OR			
99	Olivia Murphy	OR			
100	Donna Munroe	OR			
101	Lily Maclean	OR			
102	Miley Cole	OR			
103	Chloe Dwinnell	OR			
104	Ella Cornect	OR			
105	Teagan Frizzell	OR			

U11 Singles - Abenaki 2017

# Men U11 C1

Boat Number	Name	Club	Start Time	Finish Time	Actual
27	Cade Brost	AB			

U11 Singles - Abenaki 2017

# Men U10 C1

Boat Number	Name	Club	Start Time	Finish Time	Actual
80	Declan Pettit	OR			
116	Nicholas House	PI			

U11 Singles - Abenaki 2017

# Men U9 C1

Boat Number	Name	Club	Start Time	Finish Time	Actual
28	Oliver Scotland	AB			
81	Ryland Firth	OR			
82	Finn St-Hilaire	OR			
117	Rylan Carrigan	PI			
118	Brayden Carrigan	PI			

U11 Singles - Abenaki 2017

# Women U11 C1

Boat Number	Name	Club	Start Time	Finish Time	Actual
106	Taylor Connors	OR			
128	Claire Naugler	PI			

U11 Singles - Abenaki 2017

# Women U10 C1

Boat Number	Name	Club	Start Time	Finish Time	Actual
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U11 Singles - Abenaki 2017

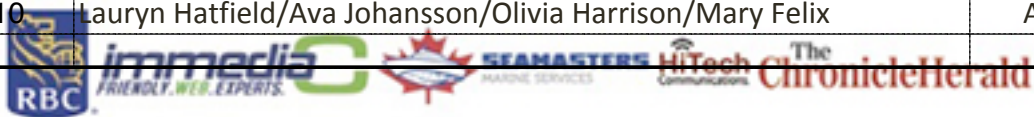
# Women U9 C1

Boat Number	Name	Club	Start Time	Finish Time	Actual
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U11 Singles - Abenaki 2017



5:30 PM		Men or Mixed K4	200m	
Place	Boat #	Name	Club	Time
	160	Max Wood/Hayden Dill/Brayden Carrigan/Aiden Beck-Evoy	PI	
	171	Kole Faulkner/Cole Turner/Declan Pettit/Ben Delorey	OR	
	174	Aiden Peddle/Aiden Lovell/Jase Bartlett/Luke O'Connell	OR	
	196	Alex Law/Parker Adderson/Jamie MacKinnon/Liam MacDonald	AB	
	199	Oliver Scotland/Jackson Kelsie/James MacKinnon/Seamus MacAulay	AB	
5:34 PM		Women C5	200m	
Place	Lane	Name	Club	Time
	166	Josie States/Holly Schofield/Claire Naugler/Kyanna Hope	PI	
	187	Ella Cornect/Teagan Frizzell/Danica Lisicky/Sophia Nadeau	OR	
	190	Alana Hogan/Lily MacLean/Mya Davies/Sophie Storey	OR	
	211	Mckenna Scotland/Reaghan Moore/Sadie Pece/Ava James	AB	
5:38 PM		Men or Mixed K4	200m	
Place	Lane	Name	Club	Time
	161	Rylan Carrigan/Carter Naugler/Conor Hope/Nicholas House	PI	
	172	Riley Cuthbert/Joey Dickson/Wesley Hill/Bo Lowery	OR	
	194	Reide Leroux/Nick Trider/Michael Zinck/Markus Harrison	AB	
	197	William Sampson/Jacob Sampson/William Ralph/Isaac Davis	AB	
5:42 PM		Women C5	200m	
Place	Lane	Name	Club	Time
	167	Sierra Kelly/Maura Macumber/Kiona Dowe/Jenna Wile	PI	
	188	Chloe Dwinnell/Pheobe Murphy/Miley Cole/Audrey Cuthbert	OR	
	191	Callie Baker/Grace Robinson-Crawley/Abigail Lovell/Olivia Murphy	OR	
	212	Bridget MacMillan/Lauren Delaney/Abigail Page/Mia Gamble	AB	
5:46 PM		Men or Mixed K4	200m	
Place	Lane	Name	Club	Time
	170	Ryan Macleod/Gavin Peddle/Ryland Firth/Ben Fraser	OR	
	173	Hunter Haverstock/Finn St-Hilaire/Connor O'Connell/Will Munroe	OR	
	195	Benjamin Barreiro/Clark Mesheau/Stone Manuel/Brandon White	AB	
	198	Charlie Dewar/Reid Amero/Cameron McKenna/Matthew Cormier	AB	
5:50 PM		Women C5	200m	
Place	Lane	Name	Club	Time
	186	Rebecca McGraw/Donna Munroe/Cheyenne Roma/Myra St-Hilaire	OR	
	189	Taylor Connor/Brooklyn Cole/Julia VanBommel/Willow Hatheway	OR	
	210	Lauryn Hatfield/Ava Johansson/Olivia Harrison/Mary Felix	AB	



5:54 PM				
Place	Lane	Name	Club	Time
	162	Rylan Carrigan/Carter Naugler/Conor Hope/Nicholas House	PI	
	176	Riley Cuthbert/Joey Dickson/Wesley Hill/Bo Lowery	OR	
	179	Ryan Macleod/Ryland Firth/Gavin Peddle/Ben Fraser	OR	
	202	Michael Zinck/Alex Law/Nick Trider/Clark Mesheau	AB	
5:58 PM				
Place	Lane	Name	Club	Time
	164	Maura Macumber/Holly Schofield/Claire Naugler/Josie States	PI	
	181	Julia Vambommel/Brooklyn Cole/Sophia Nadeau/Taylor Conners	OR	
	184	Miley Cole/Ella Cornect/Audrey Cuthbert/Chloe Dwinell	OR	
	205	Katie Robinson/Bria MacDonald/Kate Bourgeois/Lydia Groom	AB	
	208	Sadie Pece/Ava James/Mckenna Scotland/Reaghan Moore	AB	
6:02 PM				
Place	Lane	Name	Club	Time
	163	Hayden Dill/Brayden Carrigan/Max Wood/Mackenzie-Joe Williams	PI	
	177	Hunter Haverstock/Finn St-Hilaire/Connor O'Connell/Will Munroe	OR	
	200	Jackson Kelsie/Seamus MacAulay/Oliver Scotland/Brandon White	AB	
	203	Cade Brost/Benjamin Barreiro/Matthew Cormier/Charlie Dewar	AB	
6:06 PM				
Place	Lane	Name	Club	Time
	165	Kyanna Hope/Jenna Wile/Mackenzie-Joe Williams/Kiona Dowe	PI	
	182	Callie Baker/Lily MacLean/Myra St-Hilaire/Pheobe Murphy	OR	
	185	Alana Hogan/Grace Robinson-Crawley/Cheyenne Roma/Willow Hath	OR	
	206	Mackenzie Ralph/Abby Pierce/Mary Felix/Olivia Hawrylak	AB	
	209	Lauryn Hatfield/Ava Johansson/Olivia Harrison/Lauren Delaney	AB	
6:10 PM				
Place	Lane	Name	Club	Time
	175	Kole Faulkner/Cole Turner/Declan Pettit/Ben Delorey	OR	
	178	Aiden Peddle/Aiden Lovell/Jase Bartlett/Luke O'Connell	OR	
	201	Markus Harrison/Trent Johansson/Cameron McKenna/James Mackir	AB	
6:14 PM				
Place	Lane	Name	Club	Time
	180	Olivia Murphy/Sophie Storey/Abigail Lovell/Mya Davies	OR	
	183	Teagan Frizzell/Donna Munroe/Danica Lisicky/Rebecca McGraw	OR	
	204	Makaila Barrett/Akaysia Loppie/Olivia Taylor/Annika Taylor	AB	
	207	Sopia Cody-cox/Bridget MacMillan/Mia Gamble/Chloe Dagnall	AB	

6:18 PM		Club War Canoe	200m	
Place	Lane	Name	Club	Time
	1			
	2	Brandon Kehoe	PI	
	3			
	4	Meaghan Konning	OR	
	5			
	6	Scott Letchford	AB	
	7			
	8	Madison Hamilton	AB	
	9			
6:22 PM		Club War Canoe	200m	
Place	Lane	Name	Club	Time
	1			
	2	Savannah Sullivan	PI	
	3			
	4	Meaghan Konning	OR	
	5			
	6	Olivia Hamilton	AB	
	7			
	8	Keshav Paliwal	AB	
	9			